



Rita Cronise &lt;academy.virtual.community@gmail.com&gt;

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## Community Inclusion & Peer Support Values in Action

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**Rita Cronise** <rmc277@shp.rutgers.edu>

Tue, Mar 9, 2021 at 4:56 AM

To: "academy.virtual.community@gmail.com" &lt;academy.virtual.community@gmail.com&gt;

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From: **The Copeland Center** <info@copelandcenter.com>

Date: Mon, Mar 8, 2021 at 11:23 AM

Subject: Online Courses! Intro to Community Inclusion &amp; Peer Support Values in Action

To: &lt;gcalhoun@copelandcenter.com&gt;



# Introduction to Peer Supported Community Inclusion

Wednesday, March 31

&amp;

Thursday, April 1

**9:30am-12:30pm ET/8:30am-11:30am CT/7:30am-  
10:30am MT/6:30am-9:30am PT**

This online introductory course is designed for peer specialists to gain an understanding of the importance of community inclusion to our health and the of role peer support in increasing wellness through meaningful community participation.

**Learning Objectives:** Through participation in this course we will:

1. Describe community inclusion and participation as a medical necessity
2. List the principles of facilitating community inclusion
3. Describe how to access community participation in multiple domains and its importance to wellness and recovery
4. Utilize and apply a self-inventory tool of community participation

5. Identify next steps to increasing peer supported community inclusion skills.

(This course is the best preparation for Peer Specialists prior to entering the Seminar I and II Peer Supported Community Inclusion Co-Facilitator trainings.)

**Time:** Live online sessions will be 6 total hours. Reading assignments and online discussions will require approximately 1 hour of “outside of classroom” prep time.

**Tuition:** \$180.00 USD

### Meet the Presenter



**Matthew Federici**

Executive Director  
Copeland Center for Wellness and Recovery

Matthew is the executive director of the Copeland Center for Wellness and Recovery, which operates the National Consumer Technical Assistance Center Doors to Wellbeing. He was formerly the Program Director for the Institute for Recovery and Community Integration, a training and technical assistance program that developed and implemented Pennsylvania’s first Certified Peer Specialist workforce. He received his M.S. in Rehabilitation Counseling from Rutgers University.

### Certificates of Participation for 6 Hours Available!

#### Registration

**Scholarships available for unemployed peer specialists**

# Peer Support Values in Action

Tuesday, May 4  
&  
Wednesday, May 5

12:00-3:00pm ET/11:00am-2:00pm CT/10:00am-  
1:00pm MT/9:00am-12:00pm

This interactive online workshop will explore values as well as navigating values conflict that might arise in our work as a peer support specialist. Participants will have a chance to reflect and share on a peer support value they are actively practicing in their relationships and a peer support value they want to practice and implement more. Based on the value they want to practice and apply in their work, participants will develop a 1st steps action plan. Finally, through guided discussions, we will explore several peer support values and the decision-making process for upholding our values.

*Explore and translate our values into practice and action!*

**The learning objectives:**

1. Define values and how we form our values
2. Explore steps for navigating values' conflict
3. Develop an action plan for practicing peer support values
4. Examine decision-making processes for upholding the peer support values

**Time:** Live online sessions will be 6 total hours. Reading assignments and online discussions will require approximately 1 hour of “outside of classroom” prep time.

**Tuition:** \$180.00 USD

## Meet the Presenter



**Gina Calhoun**

Program Director, Peer Support  
Copeland Center for Wellness and Recovery

Gina is the Program Director for Pennsylvania and has extensive experience training certified peer specialists. She is also a wife, sister, friend, fitness enthusiast, and a person with mental health challenges. She has over 30 years of experience in mental health services, first as a participant and now as a peer professional. When Gina is not promoting wellness and recovery, she enjoys adult gymnastics and spending time with her large dynamic family.

Gina won the Timothy J. Coakley National Behavioral Health Leadership Award. This award honors peer and family leaders in the behavioral health field whose work is characterized by the highest degree of integrity and a passion for creative approaches for improving the lives of persons living with mental health challenges, especially in the public sector.

## Certificates of Participation for 6 Hours Available!

Registration

### Scholarships available for unemployed peer specialists

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**Gina Kaye Calhoun**

Copeland Center/Doors to Wellbeing

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