Wellness Recovery Action Plan®

Orientation to WRAP®:
An Evidence Based Practice for Mental Health Recovery*

March 18, 3:00 – 4:30 pm Eastern
Gina Calhoun, Chacku Mathai, Rita Cronise

*This presentation is not a substitute for WRAP Seminar I, which is required prior to taking WRAP Seminar II to become a certified WRAP® Facilitator

WRAP® and Talking About Tobacco

In this second webinar in the Talking About Tobacco series, presenters Gina Calhoun, Chacku Mathai, and Rita Cronise provide an orientation to the Wellness Recovery Action Plan (WRAP®) and discuss how WRAP® can be used for exploring options for wellness, including the use of tobacco and the impacts that use might have on one’s life. The presenters will share elements of their own stories related to tobacco use and audience members will be able to contribute their own ideas about wellness tools and action plans throughout the orientation to WRAP®.

Thursday, March 18, 3:00 – 4:30 pm

Register for the webinar
https://rutgers.zoom.us/meeting/register/tJ0sc-igqT0tGNBI1-ENed_NHXaQRFU2AZ3t

After registering, you will receive a confirmation email about how to join the meeting.

This webinar is approved by the Copeland Center for general education about WRAP® however, it is not a substitute for the full (2-3 day) WRAP® Seminar I, which is a required training before WRAP® Seminar II: Facilitator Training. For further training in WRAP® contact the Copeland Center for available dates and locations. https://copelandcenter.com/our-services-facilitator-training/wrap-trainings-and-workshops

Note: 1.5 hours of Academy of Peer Services (APS) continuing education will be available by taking the test and evaluation when the course is completed in Term 2, 2021.