

May 20th LI Peer Networking Meeting: Grief and Loss with Marybeth Melendez

Bakr, Jamie <jbakr@mhaw.org>

Tue 5/11/2021 1:21 PM



Long Island Peer Networking Meeting



LONG ISLAND PEER NETWORKING MEETING

Thursday, May 20th 2021
from 3:30-5:00 pm.

cohosted by Ralph Matalone, Peer Support Line Peer Specialist and,
Jamie Bakr, Outreach and Training Peer Specialist

"Grief and Loss"
Offered by
Marybeth Melendez

In this presentation, Marybeth will discuss grief and loss, the difference between grief and bereavement, and different types of loss, including her own journey through those experiences.



Marybeth Melendez LCMHC' DHS' MA, BS Marybeth Melendez is a licensed clinical mental health psychotherapist. Bilingual. Specialties are bereavement, grief, loss, crisis, trauma, and addictions.

The focus of my work is working from a human perspective. Working from an attachment theory perspective. Assisting clients navigating the fear, depression, and

anxiety that life can bring. Giving space to allow grieving to occur so that healing can happen.

Marybeth has a triple baccalaureate degree. In the field of psychology, anthropology, and sociology. She graduated the College of Staten Island in 2011 earning a triple baccalaureate degree, with two minors in philosophy and disability studies while raising three kids and being visually impaired. Marybeth's academic achievements earned her scholarships that paid for the Master's degree. Entering the Masters program at the College of Staten Island in August 2012 she graduated with a 3.9 GPA and earned her degree in clinical mental health. In the criminal justice, addictions, and mental health perspective throughout her career. Working with those formally incarcerated at the Brooklyn District Attorney's office providing services, addictions, and reentry work. Moving over to her fieldwork with community health action, Lavel college, Emma's Place, and beyond empathy. Providing additional services from a mental health, legal, addiction, and community perspective.

She has also worked in politics, community grassroots organizing, volunteer work, mental health, and social perspectives has earned her the respect and omit appreciation of colleagues, peers and clients.

Although blind, Marybeth continues to work with her faithful assistant and guide dog Trixie. Marybeth jokingly laughs and says that Trixie is the real therapist. "I am just her secretary."

Looking forward to sharing space and thought. Hope to see you there. :)

Join us on Zoom by clicking the link below at the time of the meeting

or

Join us by dialing in on your phone

Call in number:

+1 929 205 6099 US (New York)

Meeting ID: **805 602 794**

Find your local number: <https://zoom.us/j/ab49ZfkmGG>

[Click here to join this meeting!](#)

See flyer below & email: healingconnections@mhaw.org subject line: LI PNM with questions, comments, meeting topics, interest in presenting.

We hope to see you there!

ASSOCIATION FOR
MENTAL HEALTH AND WELLNESS



To Advocate. To Educate. To Empower. Together.

Long Island Peer Networking Meeting

3rd Thursday of each month from 3:30 – 5:00 pm

Click here to join: <https://zoom.us/j/805602794> or,

Dial: +1 929 205 6099 US (New York) Meeting ID: 805 602 794



LI Peer Networking Meeting, who are we and why?

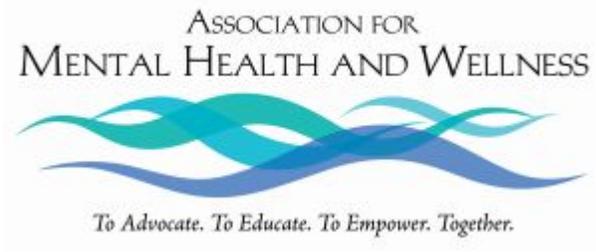
- For and by people who experience emotional distress, voices and visions, extreme and altered states of consciousness, labels of psychiatry, substance use, and trauma/trauma responses to network
- A space to connect, share, discuss, and vibe
 - Email us any Topics of Interest
 - Interested in presenting? Please let us know
 - Please RSVP

Contact:

healingconnections@mhaw.org

631-471-7242 ext. 1390

Jamie Bakr NYCPS-P
Outreach & Training Specialist
(She/Her/Hers)



939 Johnson Ave.
Ronkonkoma NY 11779
631.471.7242 x1341
mhaw.org

This email and any files transmitted with it are confidential and intended solely for the use of the individual or entity to whom they are addressed. If you have received this email in error please notify the sender. This message contains confidential information and is intended only for the individuals named. If you are not the named addressee you should not disseminate, distribute or copy this e-mail. Please notify the sender immediately by e-mail if you have received this e-mail by mistake and delete this e-mail from your system. If you are not the intended recipient you are notified that disclosing, copying, distributing or taking any action in reliance on the contents of this information is strictly prohibited.