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Spirituality Group Saturday 1130

1 message

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Sun, Jun 20, 2021 at 4:03 PM

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Having spirituality in your life in whatever form excellent coping strategy

*Did You Know?*

The long smoky trails you see behind airplanes passing overhead are not actually smoke, but composed primarily of water, with a few minor impurities. At high altitudes, the water vapor byproduct of the jet fuel combustion quickly crystallizes into millions of tiny ice crystals.

"Religion is for people who don't want to go to hell. Spirituality is for people who have already been there." - Unknown

Dan Frey is inviting you to a scheduled Zoom meeting.

Topic: Discussion of Spirituality and Spiritual Practice to Stay Sane in an Insane World**Time: Saturdays @11:30 AM Eastern Time (US and Canada)**
Every week on Sat

Join Zoom Meeting

<https://us02web.zoom.us/j/83898966952?pwd=b2pIR21V1JLa3dKUFBnMkZWZVINDz09>

Meeting ID: 838 9896 6952

Passcode: 808014

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