

# Could YOU be a successful NYAPRS Peer Bridger?



A NYAPRS Peer Bridger is a Peer who can identify with individuals in the State Hospital and support them in leaving the hospital. A Peer Bridger helps a person transition into the community, supports them in their goals and helps them build the life they want. Have you thought about becoming a NYAPRS Peer Bridger and not sure if you have what it takes?

Here are some questions to ask your self to determine if becoming a NYAPRS Peer Bridger might be a good fit for you.

	Do I believe that people do recovery?
	Can I share parts of my own story to help someone else?
	Do I have good listening skills and am I empathetic?
	Can I help people work toward their goal?
	Have I facilitated groups? Am I willing to learn?
	Can I meet people where they're at?
	Am I comfortable meeting with people in the State hospital and in the community?
	Are you a Certified Peer Specialist (or working toward certification?)

The steps below will give you an idea of what needs to be done to apply for an open Peer Bridger position.

- 1) E-mail a letter of interest and your CV to [HR@NYAPRS.org](mailto:HR@NYAPRS.org) and [EllenH@NYAPRS.org](mailto:EllenH@NYAPRS.org)
- 2) After an initial phone conversation, you will receive a Competency Questionnaire
- 3) Complete the Questionnaire and send it back to [EllenH@NYAPRS.org](mailto:EllenH@NYAPRS.org)
- 4) A formal interview by phone will be scheduled

If you think you could be a great NYAPRS Peer Bridger; contact us today!