

# Free Behavioral Health Parity Trainings

**Behavioral Health Parity** — Insurance benefits for the treatment of mental health and substance use disorders should be equal to coverage for medical services.



Many people are interested in accessing behavioral health services, but often face challenges due to coverage denials and significant out-of-pocket costs. Attend a free NYC Department of Health and Mental Hygiene training (listed below) to learn more about behavioral health parity and related resources.

**Behavioral Health Parity 101:** For anyone interested in learning about behavioral health parity, register at the following links:

- **Tuesday, August 31, 2021 12:00-1:30pm** [Click to register](#)
- **Friday, September 17, 2021 12:00-1:30pm** [Click to register](#)

**Behavioral Health Parity for Service Providers:** For providers in health, behavioral health or social services who are interested in learning how to help clients, register at the following links:

- **Thursday, August 26, 2021 12:00-1:30pm** [Click to register](#)
- **Tuesday, September 14, 2021 12:00-1:30pm** [Click to register](#)

Don't see a date that works for you? Email [BHParity@health.nyc.gov](mailto:BHParity@health.nyc.gov) for more options.

