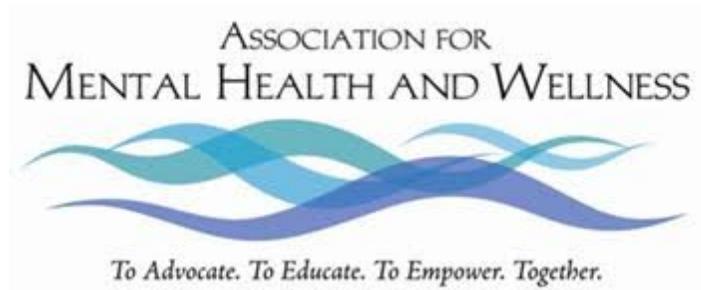

'Supporting our Youth Through Grief & Loss:' Dec 3 MHAW Event

1 message

Rita Cronise <rmc277@shp.rutgers.edu>

Wed, Nov 24, 2021 at 1:14 PM

To: "academy.virtual.community" <academy.virtual.community@gmail.com>



Suffolk County Department of Health Services
Division of Community Mental Hygiene Services

Supporting our Youth through Grief and Loss

Young people grieve differently than adults. In this workshop we will discover different ways that youth express their grief physically, emotionally, academically and socially. Grief is normal and natural and yet many young people need support to navigate loss, strong emotions and so much change in healthy ways. Learn tools, strategies and how to provide a safe space and permission for young people to grieve in their own way and time.

Learning Objectives:

- *Participants will learn the different ways that youth show grief.*
- *Participants will understand ways to create a safe environment and to listen in a way which allows young people to explore and to find ways to express their loss, concerns, and feelings.*
- *Participants will identify factors that support resilience in youth.*
- *Participants will be able to learn warning signs that a child or teen may need additional support in their loss.*
-

Register Now!

When

Friday, December 3, 2021 from 9:00 AM to 2:00 PM EST

[Add to Calendar](#)

Where: Zoom Webinar platform. Instructions to access Zoom will be emailed following event registration.

Contact: Christina Steudte, Association for Mental Health and Wellness, 631-471-7242 ext 1330, csteudte@mhaw.org

Webinar Details

- After you register for this event, you will receive instructions on how to access the Zoom webinar. These instructions will be sent via email.
- There will be two short breaks during the day (see Conference Schedule to the right). We invite you to eat lunch along with us while you are learning!

- **Attendance will be confirmed and monitored throughout the day**
- Following the workshop, you will be asked to complete an evaluation. Continuing Education certificates will be administered after completion and return of your evaluation.

Who Should Attend: Social Workers, Mental Health Counselors, Creative Arts Therapists, Marriage and Family Therapists, and any professional that is working in the mental health field or with youth.

**APPROVED FOR 5 CONTINUING EDUCATION CONTACT HOURS
LIVE ONLINE WEBINAR (LMSW/LCSW/LMHC/LMFT/LCAT)**

- *Association for Mental Health and Wellness is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers. (Provider #0156)*
- *Association for Mental Health and Wellness is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. (Provider #MHC-0014)*
- *Association for Mental Health and Wellness is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. (Provider #MFT-0010)*
- *Association for Mental Health and Wellness is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. (Provider #CAT-0004)*

New York State Office of the Professions (NYSED) regulations require that participants attend the entire approved educational activity in order to receive continuing education credits, from 9:00am-2:00pm

****No refunds will be issued for cancellations****

Fee Structure

- **General Registration (NO LMSW/LCSW/LMHC/LCAT/LMFT CE needed): \$65.00 (Choose this registration if you **DO NOT** require CE Hours)**
- **General Registration (CE needed): \$85.00 (Choose this registration if you DO require LMSW/LCSW/LMHC/LCAT/LMFT CE Hours)**

Register Now!
ABOUT THE PRESENTER



Lisa Athan is the Executive Director and Founder of Grief Speaks. She is a national speaker on grief and loss. She has over 35 years in the field of addiction, mental health, grief and loss. Lisa is a grief specialist and works with families, adults and teens after traumatic loss, as well as anticipated and ambiguous losses. She is on the NJ Traumatic Loss Coalition and serves as a lead responder. Lisa is a co-founder of a bereavement day camp called Camp Clover, a free week long day camp for children in NJ. Her website Griefspeaks.com has a wealth of information and resources. Lisa has been speaking in schools around the country for over twenty years to students, parents, educators and child study teams on supporting youth through grief and loss.