Session Name: Session 3: Internet Safety

Trainer Names: Amy Spagnolo, Lisa Spencer, Dan Victor



We Learn. We Share. We Thrive.

GCF Technology Training

Link to Slide Deck: Deck 3 - Internet Safety

<u>Training Description:</u> Staying safe online is essential in today's world. This session will help you to use internet safety tips to keep yourself and your loved ones protected.

<u>Training Objectives:</u> By the end of today's session, you will be able to:

- 1. Develop a strong password
- 2. Enable your browser's security features
- 3. Avoid spam and phishing

Training Lessons (GCF)

Lesson 1: Introduction to Internet Safety https://edu.gcfglobal.org/en/internetsafety/

Lesson 2: Creating Strong Passwords https://edu.gcfglobal.org/en/internetsafety/creating-strong-passwords/1/

Lesson 3: Your Browser's Security Features https://edu.gcfglobal.org/en/internetsafety/your-browsers-security-features/1/

Lesson 4: Avoiding Spam and Phishing https://edu.gcfglobal.org/en/internetsafety/avoiding-spam-and-phishing/1/

Videos

Lesson 2: Internet Safety, Strong Password

https://youtu.be/aEmF3lylvr4

Lesson 3: Internet Safety, Browser Security

https://youtu.be/2ZZQlgV2Gus

Lesson 4: Internet Safety, Spam and Phishing

https://www.youtube.com/watch?v=NI37JI7KnSc&t=1s

Time	Content	Resource	Facilitator
(minutes)		<u> </u>	<u> </u>
2 mins	Welcome and Introductions (be sure to record the zoom session)	PP 1	LS
	 Good afternoon and thank you all for joining us for today's session on Internet safety. This session, and all others in our APS Computer Basics Training, has been developed based on the Goodwill Global Community Foundation online training. The APS/Goodwill collaboration enables you to take the Goodwill training modules on the GCF website and then request credit for them via your APS account. For full instructions on completing the GCF modules and earning credit toward the CPS renewal, please click on the link in the chat. https://youtu.be/InHnZ-DMjEY put link in the chat I am and I will be co-facilitating today with my fellow intern, co-presenters give a wave to the camera but don't introduce themselves 		
	 Ask: Please introduce yourselves in the chat (feel free to include your name, the organization you work or volunteer at, a hobby or fun fact). co-presenters also answer the introduction questions in the chat Please pause-allow for participants to answer 	PP 2	
	Thank you all for the introductions! It's nice to learn a little bit more about you all as we begin our session together. I will turn the presentation over to my co-facilitator,, to lead us through some housekeeping.		
3 mins	 Housekeeping Notification that session is being recorded Directions for registering for the GCF tutorials, working on the tutorials, earning a certificate of completion, requesting CE credit for the modules completed via the academy are available on the Virtual Learning Community. Rita Cronise provided this overview on Monday September 27th. That recording can be accessed at the VLC https://aps-community.org/faces-places-webinar-series/ 		

	Schedule of GCF trainings (Mondays, Wednesdays; Fridays		
	are for checking in and receiving additional support; the		
	series runs for three weeks; series repeated again for three		
	additional weeks)		
	 https://bit.ly/GCF-Training <put chat="" in="" link="" the=""></put> 		
	We will provide a link to all of the resources we are using		
	today at the end of the session.		
	We also provide additional support and services.		
3 mins	Information on Additional Supports/Services	PP 4	DV
	We will offer GCF Lesson Review Sessions on Fridays from		
	12:00 to 1:00. These virtual, live support sessions will		
	review any part of the lesson content that you'd like to		
	revisit from the Monday and Wednesday GCF / APS Skills		
	Training sessions.		
	Beginning in November, we will also offer One2One		
	tutoring and support. The One2One sessions are live,		
	online, peer tutoring. Support is offered for any one of the		
	13 CORE courses. You will be able to register for 30-minute		
	sessions (up to 3 sessions per week) using our online		
	calendar. The link to the calendar will be sent out via the		
	APS announcement center soon so please stay tuned!		
	The videos that we are using for the Internet Safety		
	module, developed by GCF, are available on the APS		
	YouTube Playlist. The link for that playlist is in the		
	chat. <put chat="" in="" link="" the=""></put>		
	https://youtube.com/playlist?list=PL007352170EA6EB06		
	We would like to share the learning objectives for the		
	training today.		
2 mins	Learning Objectives	PP 5	DV
	By the end of today's session, you will be able to:		
	Develop a strong password		
	Enable your browser's security features		
	Avoid spam and phishing		
	My co-facilitator, will now take us through the GCF Lesson		
F mains	for Objective 1.	DD C	ıc
5 mins	GCF Training Content and Practice:	PP 6	LS
	Lesson 1: Introduction to Internet Safety		
	https://edu.gcfglobal.org/en/internetsafety/		
	<put chat="" in="" link=""></put>		
	There's almost no limit to what you can do online. The		
	Internet makes it possible to access information quickly,		
	communicate around the world, and much more.		
	Unfortunately, the Internet is also home to certain risks ,		
	such as malware , spam , and phishing . If you want to stay		
	safe online, you'll need to understand these risks and learn		
	how to avoid them.		
L		1	1

	Computers can often give us a false sense of security . After		
	all, no one can physically harm you through a computer		
	screen. But to stay safe online, you'll want to take a more		
	cautious approach. Here's one way to think about it: Treat		
	the Internet as you would a shopping mall.		
	Most people don't consider a mall to be an especially		
	dangerous place. You can go there to shop and meet up		
	with friends. But there are also small things you may do to		
	stay safe, even if you don't think about them very often. For		
	example, you probably wouldn't leave your car unlocked or		
	give your credit card number to a stranger.		
	Ask: What have you done in the past to stay safe using the internet?		
	Throughout this tutorial, we'll show you how to prepare for		
	these risks so you can be online without putting yourself in		
	danger.		
	, please start us off with lesson 2.		
5 mins	GCF Training Content and Practice	PP 7	DV
3 111113	Lesson 2: Creating Strong Passwords	117	DV
	https://edu.gcfglobal.org/en/internetsafety/creating-strong-		
	passwords/1/ <put chat="" in="" link="" the=""></put>		
	passwords/1/ \put link in the chat/		
	Ask: What do you already know about creating a strong		
	password?		
	F 400 11 01 11 11 11 11 11 11 11 11 11 11 1		
	You'll need to create a password to do just about everything		
	on the Web, from checking your email to online banking.		
	And while it's simpler to use a short, easy-to-remember		
	password, this can also pose serious risks to your online		
	security. To protect yourself and your information, you'll		
	want to use passwords that are long, strong, and difficult		
	for someone else to guess while still keeping them		
	relatively easy for you to remember.		
	Play Video: Creating a Strong Password	PP 8	
	https://youtu.be/aEmF3lylvr4		
	, would you continue with lesson 3?		
5 mins	GCF Training Content and Practice	PP 9	LS
	Lesson 3: Your Browser's Security Features		
	https://edu.gcfglobal.org/en/internetsafety/your-browsers-		
	security-features/1/ <put chat="" in="" link="" the=""></put>		
	Ask: What built-in security do you have on your device?		
	Your computer faces different threats whenever you browse		
	the Web, including viruses, malware, and spyware. The		
	good news is your web browser has a lot of built-in security		
	6000 Hews is your web blowser has a lot of built-in security	<u> </u>	

	features to help protect your computer. Let's take a look at some of the most important features you should know about, as well as some simple tips you can use to stay safe online.		
	Play Video: Your Browser's Security https://youtu.be/2ZZQlgV2Gus	PP 10	
	can you pick up with lesson 4?		
10 min	GCF Training Content and Practice	PP 11	DV
	Lesson 4: Avoiding Spam and Phishing		
	https://edu.gcfglobal.org/en/internetsafety/avoiding-spam-		
	and-phishing/1/ <put chat="" in="" link="" the=""></put>		
	Ask: What do you think of when you hear the term Phishing?		
	From email to instant messaging to social media, the		
	Internet is an essential communication tool. Unfortunately,		
	it's also popular among scammers and cybercriminals. To		
	protect yourself from email scams, malicious software,		
	and identity theft, you'll need to understand how to identify		
	and avoid potentially dangerous content in your inbox,		
	including spam and phishing attempts.		
	Play Video: Understanding Spam and Phishing	PP 12	
	https://www.youtube.com/watch?v=NI37JI7KnSc&t=1s		
	I am going to turn the session over to for our Q & A.		
10 mins	Q & A	PP 13	LS
	We would like to open up the session for any questions you may have. If you would prefer to type your question in the chat, that is great. Or you can raise your hand icon and we can call on you to unmute.		
	Ask: What is one thing you learned from today's session that		
	you may use yourself or share with someone else?		
3 mins	Summary/Wrap Up	PP 14	LS
	Today we learned:		
	It's important to create a strong password to keep our		
	personal information safe while using the internet.		
	How to find a website's security symbol and how to update		
	our browser to deter malware.		
	How to protect ourselves from email scams, malicious		
	software, and identity theft.		
2 min	Closing	PP 15	LS
(or less)	We thank you for joining us today and we hope you come back		
	again!		

- All of the links to the videos and APS resources we shared in today's presentation can be accessed by clicking on the link in the chat box.
- If you need information on registering for the GCF courses or requesting credit for your CPS renewal, please click on the link in the chat.

Put all of the links in the last slide and into the chat, add PDF of Slides to download in chat>

Notes: Links <insert links into the chat>

Slide #1

GCF Computer Basics Overview - https://youtu.be/InHnZ-DMjEY

Slide #3

VLC Webinars & Resources - https://aps-community.org/faces-places-webinar-series/GCF Training Sign Up (Eventbrite) - https://bit.ly/GCF-Training

Slide #4

One 2 One Tutoring - <link to come>
Internet Safety (Youtube Playlist) - https://youtube.com/playlist?list=PLpQQipWcxwt-IW6q0DkolktFb2-GBnHTd

Slide #7

Internet Safety (Lesson 1) - https://edu.gcfglobal.org/en/internetsafety/introduction-to-internet-safety/1/

Slide #9

Creating Strong Passwords (Lesson 2) - https://edu.gcfglobal.org/en/internetsafety/creating-strong-passwords/1/

Slide # 11

Your Browser's Security Features (Lesson 3) - https://edu.gcfglobal.org/en/internetsafety/your-browsers-security-features/1/

Slide # 13

Avoiding Spam and Phishing (Lesson #4) - https://edu.gcfglobal.org/en/internetsafety/avoiding-spam-and-phishing/1/