



MENTAL HEALTH ASSOCIATION
FIND WELLNESS

MHA PEER TRAINING ACADEMY

**Sessions will be held Monday to Friday
10:00am – 2:00pm**

ORIENTATION March 7, 2022

**Life Skills Services Center
344 N. Goodman St.**

**Applications will be accepted through Feb 23, 2022
*Seating is Extremely Limited***

**TO APPLY: CALL OR VISIT
OUR WEBSITE TODAY!**

**585-325-3145 Ext 220 or
<https://www.mharochester.org/services/peer-navigation/>**

The Mental Health Association fosters an environment to build skills and provide support to individuals facing a mental health challenge, empowering them to make informed decisions on their self-directed path to wellness.

585.325.3145 or
mharochester.org

