

NYAPRS, INC.
PAID INTERNSHIP
POSITION DESCRIPTION

Title: Peer Bridger Intern
Division: Peer Services
Reports to: Ellen Healion, MEd Director Peer Services

Position Summary: Under the general supervision of the Director of the Peer Services, the Peer Bridger Intern engages referred individuals who are residing in the Psychiatric Center and OMH Transitional Programs. The Peer Bridger Intern works with the Peer Bridger to form trust-based relationships that foster hope for positive change and personal empowerment, leading to successful integration back into the community. The Peer Bridger Intern models and educates staff and referred individuals on the Peer Bridger Model to maintain the fidelity of the model.

The Peer Bridger Intern is a time-limited paid staff member of NYAPRS.

Major Responsibilities/Activities:

- Maintains own personal wellness.
- Active member of the Bridger Team.
- Provides support with flexibility and Person First logic.
- Maintains fidelity to the Peer Bridger Model, to continue to engage individuals discharged from the hospital, residing in out-patient residential facilities, regardless of perceived ability to participate.
- Initiate and maintain regular communications/meetings with referred individuals using multiple communication techniques including, but not limited to, the use of technology, face-to-face meetings, phone calls, e-mails, etc.
- Provide support to referred individuals that are have opportunities to visit certain locations within the community that are meaningful to him/her.
- Continue support to referred individuals post discharge to identify and engage in a range of community-based support groups and activities of interest.
- Provides timely reporting to Supervisor of situations that require(s) urgent response.
- Can and does interact with a wide variety of individuals experiencing a wide variety of abilities in activities and/or group meetings.
- Organizes and coordinates activities, meetings, and trainings that include referred individuals.
- Identifies community locations and develop and offers groups to individuals in the community, and community based supervised living.
- Facilitates a minimum of 6 weekly peer support group meetings in the hospital and/or the community.
- Provides unique techniques in creating groups and individual services to meet the needs of the individuals being serves. (Especially in the environment of COVID)

- Maintains personal protective guidelines by using masks, hand sanitizer, social distancing, preparing each meeting by sanitizing area to be used and use of thermometer for participants.
- Prepares and maintains detailed written record of activities to meet documentation and reporting requirements for NYAPRS projects. (Rosters, Group Reports, notes reporting individuals' growth
- Openness and ability to learn new skills and practices
- Attends trainings as required and assigned by supervisor.
- Communicates with OMH Hospital Liaison on a regular basis, maintaining notes on such meetings and communications.
- Reports to and meets with NYAPRS supervisor on a regular basis in group and individual meetings.
- Communicates challenges and successes openly with the NYAPRS supervisor

Requirements:

- Certified Peer Specialist in NY (NYCPS)
- Lived experience with the mental health system required. Experience with and knowledge of the NY State public mental health and substance use system.
- Sharing personal recovery story with team and individuals served.
- Ability to convey a message of hope and recovery for people with psychiatric disabilities.
- Ability to develop, facilitate and build attendance in community-based support groups,
- Ability to complete documentation requirements regarding work activities in a timely manner.
- Good communication skills (written and oral), knowledge of Microsoft Office Suite (Word, Outlook, Excel, Power Point), Google, on-line research and internet/email access, required.
- Demonstrated knowledge of advocacy, self-help and empowerment programs for recipients of mental health and substance use services.
- Ability to improve and learn new skills
- Must have own vehicle, clean driving record, and adequate automobile insurance coverage in suburban and rural areas and working knowledge of public transportation.
- Must have full access, experience and excellent working knowledge of public transportation system.
- Must be on time and prepared for all meetings.
- Flexible schedule, including evenings and week-ends as needed to meet the needs of people we serve.
- Must reside in the County being served.

To Apply, contact:

Ellen M. Healion, MSED
 Director of Peer Services
 NY Association of Psychiatric Rehabilitation Services (NYAPRS)
 194 Washington Avenue

Albany, NY 12210
Main Office: 518-436-0008
Cell: 631-388-0134
EllenH@NYAPRS.org
www.NYAPRS.org