

## Asian American and Pacific Islander Heritage Month

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# NATIONAL CENTER ON LAW & ELDER RIGHTS

## Asian American and Pacific Islander Heritage Month

May is [Asian American and Pacific Islander \(AAPI\) Heritage Month](#), a time to celebrate AAPI individuals in the United States. Older adults make up 10% of the AAPI population in the U.S., and AAPI older adults face barriers—such as linguistic isolation—which can affect their access to health care, economic opportunities, and social services.

Recently, there has been an escalation of targeted violence against AAPI individuals, increasing their need for legal and supportive services. However, accessing services may be more difficult in an environment that may feel unsafe for many AAPI older adults. Legal services, elder rights, and aging services professionals can take proactive steps to advocate for AAPI older adults to ensure they have access to in-language resources, as well as provide culturally competent and trauma-informed services so they will be able to access benefits and live independently and safely. Below are resources advocates can use in their outreach and service delivery to better serve AAPI clients this month and beyond.

### Resources:

- Justice in Aging and National Asian Pacific Center on Aging Webinar: [How Aging and Legal Services Providers Can Better Serve AAPI Older Adults](#)
- National Asian Pacific Center on Aging: [Outreach Toolkit](#)
- NCLER Issue Brief: [Cultural Competence](#)
- National Asian Pacific Center on Aging Course: [AAPI Cultural Competency Course](#)
- National Center on Elder Abuse Research Brief: [Mistreatment of Asian Pacific Islander \(API\) Elders](#)
- NCLER Issue Brief: [Trauma-Informed Lawyering](#)
- NCLER Practice Tip: [Language Access Rights: Tips for Advocates of Limited English Proficient Older Adults](#)
- Medicare.gov: [Medicare & You Handbook \(now available in Chinese, Korean & Vietnamese\)](#)

### Explore Our Website!

Visit our [website](#), which features tools to help you access the information you need to serve older adults in your community.

### Request a Free Case Consultation

Case consultation assistance is available for attorneys and professionals seeking more



information to help older adults. Contact NCLER  
at [ConsultNCLER@acl.hhs.gov](mailto:ConsultNCLER@acl.hhs.gov).

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