

Join us for a special presentation by Gayle Bluebird  
Transforming My Life with the Arts  
May 24, 5:15 – 6:30 pm



"Hugging Form"  
Meghan Caughey

*Transforming  
My Life  
with  
the Arts*

By Gayle Bluebird

**APS Networking Meeting**

<https://rutgers.zoom.us/meeting/register/tJlqd-mgpz0jGtcwhcuTJGzeDMpcpmLLgSKE>

Gayle Bluebird, aka Bluebird, has been a pioneer working to change the culture of the mental health system for many years in different parts of the country. She is known for promoting the arts to heal from trauma and emotional abuse and has formed national networks of artists, writers, and performers, who tell their mental health stories through art.

She has received many awards, including the prestigious Voice Award from the Substance Abuse and Mental Health Administration (SAMHSA) in 2010. In her last position, she was the director of peer services in Delaware. She helped develop and implement several peer programs, including a successful art center, The Creative Vision Factory.

Now retired, she spends much of her time writing daily poems on Facebook. In addition, she has written a book called *Tootles' Tails*, soon to be published. You can find her on Facebook or email her at [gaylebluebird1943@gmail.com](mailto:gaylebluebird1943@gmail.com)