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Introduction to Trauma

Intro to Trauma will teach learners the basic tools to recognize, understand and apply techniques to address trauma and learn about Trauma Informed Care. Learners will understand how trauma impacts the brain, body, personal development and interventions to promote processing and healing. We will also learn about Trauma Informed Care and how to integrate trauma treatment into your practice and ways your organization or team can be more trauma aware. Tools used will be based in Cognitive Behavioral Therapy, Narrative Therapy and Mindfulness and Collective Healing techniques.

Presented by

Stacey Younge, LCSW
Owner, Sixth Street Wellness Private Practice &
Quality Improvement Manager, CASES

Date & Time

12.08.2022 – 10:00 AM – 1:00 PM

CEU Hour

3 for LMSW/LCSW, LMHC, CASAC

Advanced Motivational Interviewing

This webinar is the third in a series of three 90-minute sessions on the principles and practice of Motivational Interviewing (MI). Geared towards providers who are familiar with the underlying philosophy, principles, and core MI skills (OARS), as well as the process of decisional balancing, this session will focus specifically on eliciting and listening for "change talk" as a means to solidify commitment towards change. Emphasis will also be placed on techniques for responding to "sustain talk". The interactive format of this webinar will involve practice exercises in break-out rooms, along with opportunities for engagement via polls, verbal participation, and Zoom's "chat" feature.

Presented by

Andrew Hamid, PhD, MSW
Training Specialist, The Coalition for Behavioral Health

Date & Time

12.13.2022 – 10:00 AM – 11:30 AM

CEU Hour

1.5 for LMSW/LCSW, LMHC, CASAC

Grief Counseling

Everyone has or will experience grief at some point in their lives and has impacted their lives on both personal and community levels. This training will focus on understanding grief

beyond the 5 stages, and how we can help frame grief to clients, to help them on their healing journey. We will learn how to be more comfortable with grief and hold space for people who need to process and come to terms with their loss. This training will focus on reviewing the 5 stages of grief, learning about John Bowlby's 4 phases of grief processing, identifying complicated grief and building practical tools for yourself or clients.

Presented by

Stacey Younge, LCSW
Quality Improvement Manager, Sixth Street
Wellness Private Practice

Date & Time

12.15.2022 – 10:00 AM – 1:00 PM

CEU Hour

3 for LMSW/LCSW, LMHC, CASAC

More About Our Presenter

Stacey Younge, LCSW is a Licensed Clinical Social Worker and Owner of Sixth Street Wellness, a private practice group geared toward building a community of Social Workers that offer mental health services to individuals dealing with depression, anxiety and trauma. She also works as the Quality Improvement Manager for the Alternative to Incarceration Programs for CASES. Stacey has an extensive clinical background working with nonprofits and providing services to young people involved in the criminal justice system. She graduated from Columbia University School of Social Work and is originally from California.

Dr. Andrew Hamid holds an MSW (Toronto), and PhD in Social Work & Psychology (Michigan). He has extensive clinical and supervisory experience in the field of substance abuse. He has been on the faculty of Columbia University's School of Social Work for the past 25 years where he teaches primarily in the area of substance abuse, motivational interviewing (MI) and also in international health & social development. At Columbia's Medical School, he teaches in the area of MI and health behavior change. Over the past 2 decades, Dr. Hamid has been actively involved in delivering professional development workshops to Human Service agencies across the US and Canada on the application of MI to a wide range of client populations. More recently, he has been engaged in facilitating workshops on the cultural adaptability of Motivational Interviewing in various parts of the developing world.

Please be advised that our training sessions offer live captioning/subtitles and recorded transcripts for greater webinar accessibility

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the Professional Learning Center (PLC) training
programs.**

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