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Fw: Coming Soon! Coalition Workforce Webinars

Maryam Husamudeen <facilitator@aps-community.org>
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From: The Coalition for Behavioral Health, Inc. <thecoalition@coalitionny.org>

Sent: Wednesday, January 25, 2023 5:00 PM

Subject: Coming Soon! Coalition Workforce Webinars

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Motivational Interviewing for Conversations about Intimacy & Sexuality

Conversations on intimate and sexually-related matters with youth can be delicate, awkward, and oftentimes challenging for behavioral health providers. The practice of Motivational Interviewing (MI) has demonstrated solid efficacy in engaging youth in conversations on matters of intimacy, as well as guiding the process of healthy decision-making with regard to sexual behavior. This webinar will focus on applying the processes, principles, and basic MI skills in conversations

with youth related to safer sex, birth control, abortion, sexual consent, healthy intimacy, sexual orientation, and sex trafficking.

Presented by

Andrew Hamid, PhD, MSW
Training Specialist, The Coalition for Behavioral Health

Date & Time

02.02.2023 – 10:00 AM – 11:30 AM

CEU Hour

1.5 for LMSW/LCSW, LMHC, CASAC

**Dialectical Behavioral Therapy
Skills: Mindfulness & Distress
Tolerance**

This training will provide a rational and overview of using two of the 4 DBT skills modules: Mindfulness and Distress Tolerance to enhance resiliency and coping in a wide range of clients. Increasingly DBT skills have been found to be helpful with clients coping with multiple concerns including depression, anxiety, substance abuse and trauma. Core skills from these modules will be taught with an emphasis on ways to teach and engage diverse clients with a range of presenting concerns in learning and using DBT skills.

Presented by

Laura Guy, LCSW-R

Program Coordinator, Fordham
University

Date & Time

02.03.2023 – 10:00 AM – 1:00 PM

CEU Hour

3 for LMSW/LCSW, LMHC, CASAC

**Introduction to "From Crisis to
Calm: Verbal De-escalation Skills to
Support Resiliency"**

Crises, or emotionally driven behaviors that risk the safety of the individual, others, or an institution, can be moments of danger or opportunity. The danger is clear – when behavior becomes erratic and emotionally driven, risk elevates. Helping clients seize on the crisis as an opportunity to build adaptability and resiliency is a great challenge. This session will provide critical information to understand crises and will introduce a systematized methodology to effectively and confidently verbally de-escalate individuals experiencing a mental health crisis without relying on restraint, seclusion, or coercion. In short, this session will aim to build verbal de-escalation skills and foster attendees' ability to make crises moments of opportunity.

Presented by

Anthony Waters, PsyD
Founder & Owner, Private Practice and
Accord Training & Consulting

Date & Time

02.06.2023 – 10:00 AM – 1:00 PM

CEU Hour

3 for LMSW/LCSW, LMHC, CASAC

**Role of COVID-19 & Lockdown on
Social Anxiety & Shyness**

In this experiential workshop, licensed social workers with 1-2 years of CT clinical experience or clinicians new to the tools and techniques of CT will learn how to use cognitive and behavioral therapy methods. This talk will teach clinicians how to assess for shyness & social anxiety disorder, collaboratively plan treatment with the client, and teach the client tools to correct negatively-biased thinking & overcoming avoidance.

Presented by

Noah Clyman, LCSW-R, ACT
Clinical Director, NYC Cognitive
Therapy

Date & Time

02.08.2023 – 10:00 AM – 1:00 PM

CEU Hour

3 for LMSW/LCSW, LMHC

More About Our Presenter

Dr. Andrew Hamid holds an MSW (Univ of Toronto) and a PhD in Social Work & Psychology (Univ of

Michigan). He has extensive clinical and supervisory experience in the field of substance abuse. He has been on the faculty of Columbia University's School of Social Work for the past 28 years where he teaches primarily in the area of substance abuse, motivational interviewing (MI) and also in international health & social development. Over the past 2 decades, Dr. Hamid has been actively involved in delivering professional development workshops to Human Service agencies across the US and Canada on a range of topics including adolescent development, substance abuse, and motivational interviewing.

Laura Guy, LCSW-R, received her MSW from the Columbia University School of Social Work. She earned her undergraduate degree in Political Science and Studio Art from the University of North Carolina at Chapel Hill. She is currently in private practice in Manhattan and serves as the Program Coordinator for the CCMH Program at Fordham University's Graduate School of Education. The CCMH program provides free virtual counseling to help children and adolescents ages 8 through 17, in predominantly Black, Latino, and immigrant communities in the Bronx develop their coping skills in the COVID era. Laura previously served for more than a decade as a Clinical Supervisor and Program Director at the Montefiore School Health Program, a multisite integrated health program in over 30 schools in the Bronx. In these

roles, Laura demonstrated leadership through supervision of 10-14 full time mental health providers. In addition to her extensive clinical experience in providing individual and group counseling for children, adolescents, adults, and families, she has expertise in implementation of evidenced based treatment in, among others, dialectical behavior therapy, cognitive behavioral therapy, trauma-focused cognitive behavioral therapy, acceptance and commitment therapy, cognitive behavioral therapy, motivational interviewing, and family therapy. Laura is committed to providing culturally competent, trauma-informed integrated care and programming to underserved communities.

Anthony Waters, PsyD obtained his Psychology Doctorate from The George Washington University. He has trained and worked extensively at the intersection of government, law, and behavioral health, including at Walter Reed Army Medical Center, the NYPD, NYC DOHMH, and within the New York City Jail System. Dr. Waters presents and trains widely on topics such as trauma-informed care, verbal de-escalation, and the diagnosis of mental disorders. Currently, Dr. Waters is the Senior Vice President of Behavioral Health for a company that provides healthcare services in correctional institutions across the country. He also maintains a small forensic clinical practice. Dr. Waters' peer-reviewed publications are concentrated in the

area of mental health programming in correctional settings.

Noah Clyman, LCSW-R, ACT is a Licensed Clinical Social Worker, certified in cognitive therapy by the Academy of Cognitive Therapy. Noah is the first clinical social worker in the state of New York to become an Academy-certified Trainer Consultant. He is on the Academy's Membership Committee and the Credentialing Committee, evaluating the work samples of therapists applying for certification in CBT. In November 2012, he founded NYC Cognitive Therapy, the first CBT center that places particular emphasis on diversity, serving populations such as the LGBTQ community, and those living with HIV/AIDS. Noah's mission is to make quality, culturally-competent CBT available to the public. The Center offers individual, couples, and group therapy, and has a sliding scale to make therapy affordable. Along with providing psychotherapy, Noah enjoys teaching clinicians the art of CBT. He has lectured about CBT at the graduate level for major universities around the country, including Boston University and Columbia University. Noah also provides weekly, individualized clinical supervision and case consultation for clinicians of all backgrounds and skill levels. He helps clinicians prepare to become ACT-certified, including detailed written and verbal feedback on their case write-ups and audio work samples.

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Our webinars are funded by NYC Council Discretionary Funding through the Department of Health & Mental Hygiene (DOHMH) under the Court-Involved Youth Initiative (CIY) and the Professional Learning Center (PLC) training programs.

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The Coalition for Behavioral Health, Inc.

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