



Trauma-Informed Care and Workplace/Workforce Wellness
Resources
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- “Key Ingredients for Successful Trauma-Informed Care Implementation. Issue Brief”. This brief is part of a technical assistance series from [Advancing Trauma-Informed Care](#), a national initiative supported by the Robert Wood Johnson Foundation and led by the Center for Health Care Strategies. The series focuses on practical strategies for fostering trauma-informed approaches to care.
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- “An Association Between Implementing Trauma-Informed Care and Staff Satisfaction”. September 2017. [Advances in Social Work](#) 18(1):300.
https://www.researchgate.net/publication/320052284_An_Association_Between_Implementing_Trauma-Informed_Care_and_Staff_Satisfaction
- “Applying the Parallel Values of Trauma-Informed Practices”. Resilient Wisconsin. Wisconsin Department of Health Services. <https://www.dhs.wisconsin.gov/publications/p02640.pdf>
- “In This Together: Understanding the Effects of Collective Trauma”. Resilient Wisconsin. Wisconsin Department of Health Services.
<https://www.dhs.wisconsin.gov/publications/p02779.pdf>
- “Strategies for Encouraging Staff Wellness in Trauma-Informed Organizations.” Issue Brief. This brief is part of a technical assistance series from [Advancing Trauma-Informed Care](#), a national initiative supported by the Robert Wood Johnson Foundation and led by the Center for Health Care Strategies. The series focuses on practical strategies for fostering trauma-informed approaches to care. <https://www.chcs.org/media/Brief-Trauma-Informed-Care-Staff-Wellness-1.pdf>

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- “Delivering Trauma-Informed Care in an Employment Context”. Heartland Alliance National Initiatives”. <https://nationalinitiatives.issuelab.org/resource/delivering-trauma-informed-care-in-an-employment-context.html>
- “Using a Trauma-Informed Leadership Approach”. Rose O. Sherman, EdD, RN, NEA-BC, FAAN . Published: June 01, 2021. [https://www.nurseleader.com/article/S1541-4612\(21\)00098-7/fulltext](https://www.nurseleader.com/article/S1541-4612(21)00098-7/fulltext)
- “Chapter 2 Building a Trauma-Informed Workforce. Trauma-Informed Care in Behavioral Health Services”. <https://www.ncbi.nlm.nih.gov/books/NBK207194/>
- “Business Leaders in the ACE and Resilience Movement: A Different Kind of Bottom Line”. <https://marc.healthfederation.org/tools/article/business-leaders-ace-and-resilience-movement-different-kind-bottom-line>
- “7 Trauma-Informed Workplace Wellness Practices to Strengthen Your Team”. Trauma Informed Oregon. <https://traumainformedoregon.org/7-trauma-informed-workplace-wellness-practices-to-strengthen-your-team/>
- “A Trauma Informed Workforce: An introduction to workforce wellness”. https://traumainformedoregon.org/wp-content/uploads/2016/01/A-Trauma-Informed-Workforce_An-introduction-to-workforce-wellness.pdf
- “Turn-Over a New Leaf: Causes of Turnover”. 5.4.21. CTAC/MTAC.
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- Professional Quality of Life (ProQOL) is intended for any helper/member of the helping professions to understand the positive and negative aspects of working with those who experience trauma and suffering. Insights gained through this self-assessment can improve the professional’s ability to help while maintaining healthy. Materials and resources on maintaining wellness can also be found on the site. <https://proqol.org/>