

RANDOM ACT BY A PEER SPECIALIST - Part 1

by HOWARD DIAMOND

THE INITIAL CONTACT

On the night of February 9, several years ago, it was one of those biting cold, sub-zero evenings when thirty-one-year-old Holly Stephens prepared to leave her job as a Peer Specialist for the Wellness Academy in the small village, Lake Town. The time was shortly before 8pm and she was preparing to leave after a long and exhausting day. Looking through a window, Holly could see that it was dark, and she heard the howling of the wind banging against the lit lamp posts. Also, she noticed the snow was falling heavily plus blowing in a sideways direction as if all the elements of the weather were moving and defying gravity.

As she grabbed her heavy jacket and her two sets of keys, Holly thought she perceived some noise down the corridor and thought she saw someone entering the front door of the building. Holly was right! In the lobby, there was a security officer with a young lady who stood shivering and shaking, while blowing on her hands that were frozen from the cold and wind. She was also pregnant. Never one to ignore someone in need, Holly started the conversation by introducing herself to the woman who said her name was Ruth and admitted being with child. At this moment, Holly got two chairs from the security guard. Ruth agreed to sit down and talk. Then, Holly practiced relaxation exercises with Ruth to try to calm her down and give Ruth some peace of mind as she was getting away from the inclement weather outside.

GENERATIONS LODGE

Now, Holly wondered how this happened? Ruth explained that she had turned twenty-six, was over seven months pregnant, homeless and the unborn child's father had abandoned her a few months prior. Earlier in the day, her landlady threw her into the cold as Ruth had not paid rent for two months. After walking the streets for what felt like hours, she had stopped inside to take a load off her feet and warm up. Once again, Holly thought out loud, how could anyone do this to another person, especially to someone with all these needs, including having little money, with a child and having nowhere to go? Then, Ruth softly said she was used to this as she had been in and out of housing for five years.

According to Holly's thinking, no one needs to get accustomed to what Ruth was currently going through. As a Peer Specialist, Holly had many resources at her disposal. With Ruth's consent, she texted her Peer Supervisor, Steffie Green for advice. Then, Holly and Ruth looked through Holly's laptop and figured out what might be best for her. There were local hotels and motels, but they were either expensive or rundown and in sleazy areas of downtown. Finally, Holly thought a respite might be a possible viable option.

When Steffie returned the call, Holly informed her of Ruth's issues. Steffie agreed to phone local respites and see which ones were available. While they were waiting, Holly and Ruth continued to talk. Ruth said she had two older siblings who both overdosed from drugs. Neither of them had any children. Furthermore, her father died when she was three and her mom passed around eighteen months prior.

A little time later, Steffie called back and informed Holly that there was an opening for Ruth at Generations Lodge. All the details were set up and good news it was about half a mile up the road. It was about 9:15PM so before leaving the building, Holly assisted Ruth in making an intake appointment at Laketown Mental Health Clinic which is located conveniently across the street from Generations. An intake for Ruth was scheduled for 9:30AM the following morning.

Then Holly drove Ruth to Generations and made sure she registered, got settled and was somewhat comfortable. Senior Staff Member Marty Sinclair was there and welcomed them to Generations. Marty gave them a tour of the house. Fortunately, none of the other residents were asleep. Along the way, Ruth met each of the residents as they walked with Marty back to the staff office for necessary paperwork. Ruth was given a new set of clothes, toiletries, and a package that included a comb and brush. There was a small smile on Ruth's face, and she thanked Marty for his help. A meeting was arranged at 11:30 AM the next day so Holly could assist Ruth with other services. At around 10:00 PM, Holly left Ruth in the good hands of the workers at Generations.

THE CONNECTION CONTINUES

The next morning, Holly drove to Generations Lodge and spoke with Marty who said that Ruth was very nervous last night. However, in the morning before going to her intake appointment, Ruth mentioned to the other staff that she was doing okay. Ruth walked in and said she was uneasy because of being in different surroundings. Her intake appointment was superb, and she talked with her new therapist, Jane Frederick. Plans were made for four weeks where Ruth agreed to see Jane twice weekly and further visits would be determined. Also, Steffie called Marty and they decided that Holly would see Ruth an additional three more times during her stay at the respite. Both Ruth and Holly were very happy with these arrangements.

It was a nice day about 40 degrees and there was about three inches of snow. For today's plan was to take Ruth to the local pantry and then Holly would help Ruth decide on what services could be available to her. Holly proceeded to go with Ruth to the pantry where Ruth picked up some food and toiletries. In addition, she picked out an assortment of clothes plus they found a couple of maternity outfits and two pairs of shoes. Then, Holly returned Ruth back to Generations. Upon getting back to the respite, the two ladies finished the Peer Specialist forms. Another meeting was scheduled for next week on

Wednesday February 17 at 10:00am.

At their February 17 meeting, Ruth stated she was settling in and being more assertive with her needs at Generations Lodge. When they called Social Security, they were able to stop Ruth's check and have it sent to her temporary address and as of March, her check will automatically be deposited into her new bank account. Next week, Ruth has an appointment with her GYN and someone from her respite will travel with her. Also, she has a follow up with her psychiatrist. Holly had Ruth sign a form and they made a new visit for March 1 at 11:00am.

During February, with the help of Jane, Ruth was becoming more talkative and starting the first week in March she will be attending a weekly Pregnant Without Partners Support Group. Also, during their March 1st meeting, Ruth informed Holly that her GYN said she was relatively healthy plus her baby inside was doing well and still ready for birth on or around April 18.

During their last probable visit on March 16, Holly and Ruth completed paperwork. While working on the documents needed, the ladies began to cry. Although both were in tears, Ruth was able to tell Holly how she felt. She spoke about how she enjoyed her talks with Holly and how she was able to express her feelings to her. This is something Ruth had not done with anyone for many years. Before Holly left, Ruth thanked her for being an understanding Peer Specialist and a great person. When Holly reached the front door, Ruth walked over to her and began to hug her, and they cried together for maybe the last time.

RUTH DISAPPEARS

Almost two weeks later on March 29, as Holly arrived inside at the Wellness Academy, Steffie left a message that asked her to come to her office at 11:00am. Holly confirmed the meeting. When Holly knocked on Steffie's door, Steffie asked Holly to close the door and sit down. Both ladies were drinking tea. As Holly was getting comfortable, she saw that Steffie looked sad and concerned. Earlier today, Steffie received a phone call from Marty from Generations. He explained that Ruth had apparently packed a bag with some food and clothes plus she apparently left Generations Lodge for parts unknown.

Both Steffie and Holly were upset and got depressed by these new developments. Several minutes later, Steffie and Holly composed themselves. Also, Steffie tried to assure Holly that she did nothing wrong and was a big help to Ruth and her unborn child. For a moment, Holly felt like she was going to cry, but she did not. They ended their meeting with the hope from the popular idiom, "To leave no stone unturned".

RANDOM ACT BY A PEER SPECIALIST - Part 2

by HOWARD DIAMOND

HOLLY SEARCHING FOR RUTH

Part One ended with Holly Stephens, Peer Specialist and her Peer Supervisor, Steffie Green, concerned about one of the individuals they were working with. Her name is Ruth and is eight months pregnant. She was staying at a respite, named Generations Lodge Respite managed by Marty Sinclair. Inexplicably on March 29 Ruth left Generations and now two weeks later, April 12 no one has heard anything.

Although Steffie and Holly were not directly working with Ruth, her case was miraculously still open. Miracles do happen! Therefore, Holly gained the opportunities to use work time to assist in the search for Ruth. Each day Holly spent at least one hour in search mode. With the assistance of Generations and her contacts, Holly has made numerous phone calls and met with people to discuss finding Ruth. To this point there are no leads and if like magic, Ruth disappeared.

Although Holly tried to stay safe, she went to places that often had a history of bad instances. Steffie gave the okay to Holly to explore certain areas to look for Ruth. On April 14, Holly went to a neighborhood known for drugs and alcohol, a place where she ventured before. This time was different. Holly's antenna and radar were in full force as she walked around the back streets, but no sign of Ruth.

ACKNOWLEDGED BY HER DIRECTOR

Around two weeks later, on April 27, Steffie received an email from Marty concerning Ruth. Before reading the entire message, she printed it and wanted the ability to share it with others, especially Holly. Steffie went down the hall and read and discussed the email with Holly. Steffie read the email aloud which included that on April 24, Ruth gave birth to a son, named Gabriel, five pounds, five ounces and were both in good health. Also, they were pushed ahead on the Lake Town County's wait list for a low-income housing unit.

When and if they return, Marty stated that they probably will be able to return to Generations, pending new physicals. Everyone was still troubled by it, whether they are safe where they are currently residing. In the email, there was no mention of where Ruth gave birth or where they were. A few days after, Ms. Carlson invited Holly and Steffie to the next Board Meeting scheduled for May 12 and they will be sitting at the dais table. Gladly, both the ladies confirmed with an enthusiastically dramatic, YES!!

BOARD MEETING WITH A SURPRISE

This week, Steffie had her weekly supervision with Holly on May 10. No word was heard from Ruth and they both were very concerned. An update was given by Holly stating that she rechecked the hospitals, various shelters and a wide assortment of other places, without any success. Also, the Board Meeting was two days away and Holly mentioned that she apprehensive because she never attended such a gathering.

During the board meeting, Michele Carlson stood up and before the members of the board and other distinguished guests talked about a brave young lady who went out of her way to help someone else. Her name is Holly Stephens, Certified Peer Specialist from the Wellness Academy. On February 9, she saved a life and possibly two because the woman was pregnant. Then, Ms. Carlson reached in the drawer of the podium, pulled out a plaque and asked Holly to come to the stand. At that moment, Michele presented Holly with the plaque for her work as a Peer Specialist. Holly is a dedicated and strong advocate for others in need and more importantly a fine lady. She is the embodiment of what a Peer Specialist giving peer support is meant to be.

Moments later, it was Holly's turn to speak. She said she was very nervous and very uncomfortable. After some encouraging words from her supervisor, Steffie, Holly began speaking. Initially, she thanked the Board, Ms. Carlson, Supervisor Steffie and her peers at the Academy. Then, she made a small joke about winning the Oscar (Academy Award) but tried to remain focused on her brief speech. Holly concluded, by blurting out in her typical humble flair, that I was only doing my job. Finally, Ms. Carlson remarked, and what a great job it was.

Before ending the Board Meeting, Ms. Carlson had a special surprise for Steffie and Holly. In the rear of the room, there was lot of stirring around with plenty of commotion. Due to the fact the Board and Ms. Carlson were getting perturbed, they wanted to investigate. With no warning and the help of two other Peer Specialists, the back doors were flung open. Beyond those doors were a mystery lady slowly meandering to the podium.

She was dressed magnificently and had a pair of black gloves covering her hands. In addition, she had a long flowing dark veil and a mask over her entire face. Several minutes passed as she stood silently in front of Holly. Little by little, she removed her veil. In an instant, Holly was in shock as she realized it was Ruth behind the veil and the mask. Upon finishing, Ruth began to thank Holly for what the two of them accomplished during this past winter. She kept the talk brief as both ladies began to cry. Furthermore, there was one more item. Beyond the front of stage was her infant boy named Gabriel and Ruth brought him to the stand. As Ruth held him, there were three crying individuals. Shortly afterwards, the Board ended the meeting.

NEW CELEBRITY HOLLY

After receiving the plaque from the board, Holly became sort of a celebrity as she was interviewed and pictures were taken by the local newspaper. Initially, Ruth declined being cross examined or having to take any pictures. Afterwards, Holly said she was uneasy with her newfound notoriety. Later on, Ruth had reconsidered, and she reluctantly agreed to talk to the reporter. Over the next several weeks, Holly began to relax some, but her newfound fame did not come naturally for her. As for Ruth and Gabriel, they made a good impression on the guests, and definitely on the board. Many of them said that they will help by joining the committee in finding Ruth and Gabriel an adequate and safe place to live.

During that summer, Holly appeared to be noticed almost everywhere she went in town. At the bank, the manager was enthralled with Holly and wanted to showcase her with the article and photo posted on the wall near the teller station and in the branch manager's office.

Another day at the local supermarket, she was embarrassed when she gave her signature to a special needs child. Reluctantly, she accepted and made the kid smile from ear to ear and made the child extremely happy. At the neighborhood picnic, Holly was introduced to the gathering crowd. Then the

mayor asked her to speak. About thirty minutes passed, and she begun to tell everyone attending, what it means to be a Peer Specialist.

Being resilient made it easier for Holly to cope with her fame and her work as a Peer Specialist. There were feelings of despair and plenty of joyous times for Holly, but every time she bounced back, so she decided to stay at the picnic. An hour or so later, there was a raffle drawing and Holly was asked to pick out the winning ticket. Naturally, she accepted. More pictures were taken for the newspaper and to promote the community of Lake Town. Slowly, Holly was adjusting to her celebrity status, but she remained somewhat awkward.

HOLLY BEING RESILIENT

September rolled in and during the next board meeting, everything changed and it wasn't good. Ms. Carlson delivered the news to the staff of the Wellness Academy. Despite the recognition of the exemplary Academy that saved a life, the board of directors in a majority vote approved the complete defunding of the Wellness Academy leaving everyone including Holly without a job at the end of the fiscal year, October 31. Also, the Lake Town county committee agreed unanimously. All funding cuts or closures were programs with little or no proven existing record. One life is not sufficient enough for any agencies' programs.

Several weeks later, on October 20, the Wellness Academy was honored by a notable guest. It was Holly who went down the hall and was shocked to see Ruth and Gabriel. Now six months, Gabriel was very fidgety, but he was quite fit. Everyone went back to the office where Ruth informed Holly and Steffie, who just came by, and with a big wide smile that she had received a voucher for housing. Not only did she get a voucher, but she found a place to live. This house was an upstairs in a two-family home halfway between Generations and Wellness Academy. Naturally, Holly was ecstatic for Ruth, but Holly told her the bad news of the closing of the Academy. In a few minutes, Ruth and Gabriel left the building.

By the end of October, it was getting harder for Holly, but her resiliency would help her get through. After the dust settled in a couple of weeks, Holly was looking again for a new position as a Peer Specialist. Ms. Carlson made time to give Holly good wishes and a bright future. By the end of the year, Holly was hired again as a Peer Specialist and became an integral part of promoting Peer Services around her county of Lake Town. Within six months, Holly was promoted to a higher position with her new agency. Once again this proves the accuracy of the often-used statement, "**No good deed goes unpunished**".

Although this story is fiction, it was an example of what Peer Specialists can accomplish given the right opportunity and resources. Stay tuned for Part 3.

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RANDOM ACT BY A PEER SPECIALIST- Part 3

by HOWARD DIAMOND

HOLLY'S FAMILY AND A NEW MYSTERY CASE

Everybody tends to follow the Holidays distinctly. Why is this any different for Holly? This day Holly Stephens, Peer Specialist is meandering through the aisles in the local department store and deciding what to buy for others. She has a short list of six, which does not include her mom and dad plus her older brother, Andrew. Her mom and dad live down south and her brother's place of residency is unknown. In most years, her brother was probably galivanting somewhere in the European Countryside. Holiday time is separate for Holly and Andrew. Wherever he is, he will connect with his sister.

For Thanksgiving day and weekend, Holly spent time relaxing at home, listening to music, without her phone or watching TV. On Sunday night, she realized there was a message. It was her Director, Taylor Thompson, who left a message to call him back even if it is Sunday night. The weekend was officially over. When she phoned him, she was informed that one of their client's was raped and her young son was killed. No names were given yet. The police department have been investigating since around 6 pm. Taylor also said he would meet her at 9:30 AM at the Hunter Mental Health Center where they both work.

That night Holly tossed and turned trying to figure out who this was. HMHC has many clients that fit this, but without more information, she cannot come up with an answer. Finally, she fell asleep after 3am and woke up around 7am to begin her new day. She showered to feel better for her day ahead. As scheduled she met with Taylor and they discussed what transpired last night. Taylor is 6 feet 4 inches, about 220 lbs., short wavy light brown hair with a few gray ones for good measure and often tanned but is naturally olive skinned and is out in the sun when he can.

Around 10am, Taylor got buzzed by his secretary, Steve Washington, who is 6 foot 2 inches with matching dark brown hair and eyes and stated there was a call from the police. Senior Officer Alex Grey informed Taylor that the victim has two business cards from both Taylor and Holly. In addition, she has a concussion and barely remembers what happened or her name. Currently, she is sedated and is in Room 303 at the Lake Town Community Hospital. Holly phoned the hospital and found out that the visiting hours are from 10am to 12pm and 3pm to 5pm. Chimes in the hallway signified it was 11:00am and Taylor and Holly proceeded to the hospital.

MYSTERY SOLVED, WITH MORE QUESTIONS

Taylor and Holly arrived at the hospital and met with Senior Officer Gray who said that he will escort them to Room 303. At the elevator, Nurse Kim Randall stated that Room 303 has police protection, so the visitors had to provide IDs and had to be fingerprinted. Nurse Kim walked with everyone to Room 303. On the way she stated the patient does not know who she is or what actually happened or that her son is dead.

Slowly, Taylor and Holly walked into Room 303. The person in the bed was heavily bandaged, so it was

hard to see who it was. Nurse Kim entered the room and mentioned that the doctor will be removing some of the face covering this afternoon. The lady in the bed began to speak. She said that her pain is slightly better and she was happy to hear that will be less bandages on her body. She went on to say that she knows she is in the hospital Room 303, the Nurses are Kim and Amy. I want to get better and her doctor said that I might go home soon, wherever that is.

By the time Taylor and Holly came back, Nurse Amy stated most of the bandages were removed from her face. Everyone entered the room and the visitors reintroduced themselves. The woman said she remembered each and was glad they came back. Despite some facial scarring, she said she was in less pain. Suddenly, Holly thought she knew who the person in the bed was. Holly blurted out the name, RUTH HAINES!

Ruth Haines was put in the hospital computer. Lots of information was there, so copies for all to share. Eighteen pages came through and the doctors tried to see if that was indeed Ruth Haines. Two days later, it was determined that Ruth Haines was the lady in Room 303, however she did not know this herself. Today is December 4. With the help of various staff members, she began to recover from her physical wounds, but her recall is not where it needs to be and she is not almost ready to be discharged.

A new unit in the hospital was found and she can move on December 9. This unit is on the fourth floor specializing in trauma and memory work and seen by a therapist twice weekly and see a psychiatrist as needed. Over the next few days later, Ruth started to remember pieces of her life. One session she said her name to her Nurse Kim. On the 5th, she had an appointment with her therapist who coincidentally happens to be Jane Frederick who Ruth was seeing at Lake Town Mental Health Clinic, but she does not remember any of those encounters yet.

MORE QUESTIONS FOR HOLLY, NEW BEGINNINGS FOR RUTH

December 6 and the 7th, she recalled some of her recent past. On the 7th, Ruth mentioned to Nurse Kim that she was walking aimlessly throughout Lake Town, one cold night and arrived at a clinic. But that is where this recall stops. A couple of days later, Ruth was in the new unit, Room 415. Ruth was delighted with her visitor on the 10th. Of course, it was Holly! That day Ruth had a major breakthrough. Ruth recalled that she had someone named Holly helping her, but she does not recollect much more. Holly was going on vacation to see her folks from December 17 and returning on January 2nd or 3rd.

During the next few weeks, Ruth and Jane met every other day and gradually her memories were coming back. Holly made Ruth aware of the good opportunity for her to take days away. It was the thirteenth and Holly, after work, went to the local department store to pick up a gift for Ruth. She bought an item that Ruth had at Generations Respite. The following day, Holly brought this to the hospital for Ruth.

Upon arrival, Holly ran into Officer Grey, who had just left Ruth's room. He was there to ask more questions of Ruth about the day of the rape, but she stated very little. Also, Officer Grey was no closer to finding out who raped her. When Holly proceeded to Room 415, Ruth was not there. One of the unit

nurses told Holly that Ruth was getting another MRI of her head to see if there were any changes. After the MRI, Ruth will be taken to see, Jane her therapist and will not return for two hours. Then Holly left the gift on the night table beside the bed and left the hospital for home.

Not seeing Ruth gave Holly an opportunity to return to the hospital. It was around eight o'clock, after regular visiting time, Holly walked into Room 415 and started talking with Ruth. Before anything else, Ruth thanked Holly for the gift and the two hugged. They talked for almost an hour. Ruth was getting cold and asked Holly to close the window on the other side of her room. When Holly walked back to Ruth, she was shivering. A few minutes later, Ruth began bursting out with lots of information about her life. Suddenly, she recapped the night she was last this cold. It was a new beginning for Ruth and many more questions for Holly.

Sessions with Jane became more productive plus exceedingly beneficial as Ruth was recollecting items of her past. However, she still did not relive the night she was raped, ever being pregnant or giving birth. Patience was going to be needed, but Ruth thought it was a new beginning.

Over the next few weeks, Holly went to see her parents where there was a nice surprise waiting for her. It was her brother, Andrew. They spent lots of time together. One night, Andrew informed everyone that he will be staying near his parents for the following year. Also, he will make plans to see Holly much more often. Everyone appeared to be happy, but in Holly 's mind there were more questions.

This was an awkward year with plenty of ups and downs. Ruth was starting to remember her life, but it was a new beginning. Holly, Senior Peer Specialist, was still working with her Director, Taylor Thompson and Officer Alex Grey to unravel the mystery of who raped Ruth and killed her son, Gabriel. "Mystery creates wonder and wonder is the basis of man's desire to understand."

Stay tuned for Part 4.

Random Act By a Peer Specialist: Part 4

A NEW YEAR DAWNING

Holly Stephens, a Peer Specialist from Hunter Mental Health Center (HMHC) and her supervisor, Taylor Thompson are determined to help Officer Alex Grey in finding out who raped a young mother and her baby. Unfortunately, this rape happened to one of Holly's previous consumers, Ruth Haines and her less than twelve-month year young child, Gabriel.

As the year began, Holly had returned from spending time with her parents somewhere in the South. In addition, she was surprised by her brother, Andrew, who said he would be around for their parents. On the flight back to Lake Town, Andrew decided to accompany Holly for two weeks to check out her town. Since Andrew had never been to her part of the world, he thought this would be an opportune time. Of course, Holly jubilantly agreed. After the two weeks, he would hang out with their folks and get settled with his new job.

Those two weeks were great. Most days it was in the 30s and 40s during daylight plus low 30s and 20s at night. When Holly was not working, they went skating in the park, saw a couple of movies, ate a couple of expensive meals and most importantly enjoyed each other's company. Is this a new dawning in their familiar relationship? Hey, anything is possible, maybe even probable.

BACK TO WORK, BACK TO PAPERWORK, BACK TO MEETINGS

Vacation time is over and it is time to get back to work. Mondays after time away are extremely difficult. Mounds of paper skew the desk, plethora of phone calls, texts and emails to respond. What is Holly going to do? First, breathing properly would be prudent. Breathe in, hold for five seconds, and slowly breathe out. Before Holly attempted this again, Secretary Steve Washington and supervisor Taylor rang the intercom. Steve typed out the majority of her schedule for Monday and Tuesday.

MONDAY

11 AM WITH TAYLOR

12:15 PM LUNCH

1:30 PM TEAM MEETING

3 PM WITH RUTH

TUESDAY

9:15 AM MEET AT OFFICE WITH TAYLOR

10 AM AT POLICE STATION. 1 WITH MEDIA

11 AM AT POLICE STATION. 2 WITH OFFICER GREY

? LUNCH WITH TAYLOR

2:15 PM MEETING WITH RC

3:15 PM AT 23 CHESTNUT ST MEETING WITH KB

4:15 PM AT CL MOM PLACE 335 SQUIRE BLVD

Peer Specialists like Holly often have schedules looking like this, especially when being away for two weeks. Naturally, Holly has other consumers, but Taylor made Ruth as a number one priority. Why is this any different since Ruth's rape? While Holly was on vacation, Steve Washington took over Ruth's information and visits were done exclusively by Taylor.

Before meeting with Taylor, Holly caught up on reading notes and going through the paperwork from some of her other clients. Sitting at the next cubicle was Steve typing with extreme tension. Upon completion, he got up and walked over to a startled Holly. Mr. Washington almost six feet tall around 200 lbs., good build, a trimmed brown beard to match his long hair along with deep brown eyes. Steve is also a Peer Specialist, but he mostly is assigned to desk duty due to his issues walking. Also, he often uses braces on his left leg.

Since Holly was waiting for Taylor, with the assistance of Steve, they sifted through the papers that were piled on her desk. Before the meeting, Assistant Director Karen Greene walked into Taylor's office. She wanted to listen to an update on Ms. Haines, of course he agreed. Karen Greene was about 5 foot five 5 inches, 130 lbs., medium length strawberry blonde hair and piercing blue eyes behind wire framed eyeglasses.

Promptly at 11 Taylor called Holly into his office. Cases were updated for Holly and a series of messages were handed to her for response. Lastly, they discussed Ruth. Although she is still in the hospital, she will soon be discharged back to Generations Lodge. Marty Sinclair said that there might be a bed available by the end of the month. Slowly Ruth memories are being restored and she still will be seeing Jane twice a week. Currently, she is Room 419, not 415. Taylor had a lunch meeting at noon and had to run. Ms. Greene attended the entire time; however, she did not utter a single word.

MEETING WITH RUTH AND JANE

On this cold, windy afternoon in Lake Town, Holly arrived at the hospital and took the glass elevator to the fourth floor. Before visiting Ruth, her therapist Jane wanted to discuss something with Holly. Jane found a vacant office and they met. First, Jane informed Holly that Ruth is about to have a major breakthrough about the night the two of you met. Also, Ruth describes a newborn with blonde hair and freckles, but she does not make the connection with her own infant son, Gabriel.

Jane and Holly proceeded down the hallway to Room 419. Upon arrival, Jane rapped on the door and told Ruth that she had a visitor. On the television was a soap opera, but Ruth turned it off when Jane entered her room. Becoming more anxious, Ruth wanted to know who the visitor was. Slowly Holly walked in the room. Then, Ruth excitedly stated that you are the Peer Specialist Holly and you are helping me find a new place to live. My therapist mentioned that you have good connections.

Jane excused herself because she had someone else to see. Explaining stuff with Holly, Ruth said that she might be leaving here soon and heading to a place called Generations Lodge. Last week, I was talking

with a nice guy named Marty who looked familiar but could not figure out why. He asked me lots of questions and Jane was seated next to me for support. Both you and Jane are calm, quiet plus very helpful. When I leave here, will you come visit me, Holly? Not sure, Ruth, but I will think about it. At that point, Holly left Ruth.

While they were talking, Holly and Jane noticed there was a sort of twinkle in Ruth's eyes. Neither of them were sure what this meant, or had any significance, but they will check again. Holly went to her next consumer and finished her first day at work of the new year. She was tired, but she got home safe and sound.

Arriving at home, Andrew greeted Holly with a big smile and a huge hug. The siblings exchanged pleasantries and talked about their respective days. While Andrew spent the morning surfing the internet and the afternoon in the local library, Holly had a particularly busy day at work. Tomorrow is scheduled to be even more challenging but due to certain confidentiality agreements, Holly could not be specific. Andrew said he understood.

Tonight, Andrew was going to cook Chicken Carbonara with heavy garlic, salad and fresh garlic knots. Dinner will be ready at 7, so Holly had an hour and fifteen to shower and change into some comfortable clothes. Like most evenings at home, Andrew wanted to know more about some of the people Holly works with. Being a Peer Specialist and State Regulations, she cannot discuss anyone. In a generalized fashion she talked about experiences with Ruth. Over the next couple of hours, they talked about Andrew's plans for going skating in the park. Around 9:30 pm, Holly vegged in her bedroom, put on some music and tried to relax.

MORNING WITH THE POLICE, AFTERNOON WITH OTHERS

Monday turned into Tuesday as Holly was awakened by alarms at 6am. Regularly, this hour is when Holly gets up. After her morning routine, she grabbed a Boston Creme Donut and left for work. It is around 8:30 at the office, but Taylor has not arrived yet. This gave Holly the opportunity to confirm her appointments for later in the day. Her 2:30 and 3:30 confirmed, but her 4:15 is probably traveling to his place of employment, so Holly left a message.

Shortly after, Steve walked into the office and began talking with Holly. Also, he gave her a few messages, which included one from her 4pm appointment. It stated that he would rather be visited at 4:30pm. Holly thanked Steve and put the papers in her bag to call later.

As usual at 9 Taylor arrived right on time at the office. Taylor was glad that Holly was there before him. Before leaving for the police station, he had to make some administrative phone calls. With traffic, it would take about twenty minutes to drive there, so he had some time. During one of the conversations, he found out that one of the Assistant Peer Supervisors is leaving around later in the year and they are starting a search for a replacement.

While Holly was in the bathroom, Taylor screamed that we are leaving in exactly two minutes. She got her tablet and her notepad and they proceeded to the police station to meet with Officer Grey. On route, Taylor reminded Holly that was an update of their investigation of the rape and murder of an infant. Also in attendance will be the mayor and other local officials plus newspaper reporters, TV and radio personalities, so the conference room will be packed.

Last minute, the venue was changed. Everyone now gathered in the larger auditorium looking room, which was still crowded, which was equipped with closed circuit cameras and several microphones. There are aqua colored walls that match one of the colors of the police cars and uniforms. Officer Grey officially began the meeting at 10:15 am. This get-together is an update about the rape of Ruth Haines and the murder of her infant son Gabriel.

After introducing the local assembly member and senator, the mayor, and an assortment of other dignitaries, Office Grey started. To everyone present, the police department is doing what it can to bring justice to Ruth Haines and her infant son. Due to the broken glass all over the apartment, the unknown attacker probably has cuts and visible scars on various places throughout his body. She was confused by what was. From the corner of her eye, Holly noticed Marty, manager of Generations Lodge Respite. Marty told Holly that Ruth had been accepted back to the Generations Lodge Community Residence, which is a block from the Respite. In addition, Holly found out Marty is the House Manager of both the respite and the community residence. Ruth's tentative date to start is next Tuesday, but she will not be informed until Monday. So, Holly questioned Marty why and he explained that Jane will tell Ruth in my presence and we wanted to see her reaction. Holly and Marty separated and Holly met with Officer Grey and Taylor.

Also in the crowd, there was a mysterious looking woman. She was wearing a long brown raincoat, with a matching hat, which covered part of her face. Beneath the hat, she had mid-level brown hair. In addition, she apparently had a worried look about her as she quickly paced back and forth. When she sat, her legs kept switching positions and her hands were trembling fiercely. Actually, it was Ruth. It was good that no one recognized her, as she blended in with the mob at the police audience. Ruth was confused and she will discuss this with Jane on Friday.

Officer Grey said the police are getting close to finding out the real suspect. It was my Captain's opinion that the media is not informed. We hope to bring another suspect next week when we verify some address information. Also, a lineup was requested, but since Ruth does not have full memories, this will not be required, at least for the present time. There were no fingerprints on any blunt instrument, but one shows a small indentation that has not been identified. Everyone agreed to meet at 10am Friday at the Mental Health Clinic.

After it was time for lunch, but Taylor had to cancel because of a staff meeting amongst all the Assistant Supervisors and Supervisors of Peer Specialists. Holly got a sub from one of the chain shops and spent the afternoon with her scheduled consumers. It was a good day and her three pm clients are doing well. Her main concern is still Ruth and the police that are searching for Ruth's rapist. At that moment, Holly recalled what her dad frequently said, "Patience is a Virtue".

Random Act By a Peer Specialist: Part 5

One Year Less One Day

It is February 8 and a few updates have occurred since last written and documented by Jane Frederick, therapist for Ruth Haines. Ruth and Jane have been working together for almost a year due to Ruth being raped and her infant son Gabriel was beaten to death. However, Ruth does not remember much from that time period.

Also, Holly Stephens, Peer Specialist and her supervisor, Taylor Thompson are working with Police Officer Alex Grey to discuss ideas to find Ruth's attacker. Always vigilant, Holly while assisting others, her main focus was Ruth. Over the past year, Holly has visited Ruth in various locations, including the hospital plus Generations Lodge Respite and Generations Community Residence where Ruth resides presently.

Today Holly scheduled a mental health day because she is emotionally drained from all that has transpired for this year. Although, she had taken four weeks in last year, this was the first day this year. She is very aware what tomorrow is, February 9, the night she met Ruth. During the day, Holly did fun things. During the afternoon, she went ice skating in the park, indulged with some ice cream, went to see a comedy movie and brought pizza home for dinner. For Ruth it was a day like most days. In the morning, she watched old TV game shows, and did a group exercise with members of her community residence. After lunch she decided to take a walk to relax some and put on her headphones and listen to music till dinner. Unfortunately, Ruth does have many recollections of what happened a year ago. Tomorrow she has an appointment with Jane and a separate visit with Holly.

February 9, One Year Later

As usual Holly was out of bed by 6:30 am. She took a hot shower because a long, draining day was ahead for her. By 9:00, Holly met two of clients and respective lawyers at the Lake Town County Court Building. One person was accused of throwing a rock through a sporting goods store window and taking money from the cash register. He is claiming innocent and knows who actually committed the crime. His case is scheduled for 9:30. The second case refers to a woman fighting back against her rapist and stabbing him. Time for her preliminary hearing is 11:30. Ironically the two have the same case manager who is on vacation; therefore, Holly was selected.

In the afternoon, Holly had two house visits at 200 and 330. At 5pm, she has a meeting with Ruth. After a minor snow event of about an inch or two over this morning, it has turned cold and windy. Holly was taking Ruth to an appointment with a lawyer in the building where Holly used to work. When Ruth went to the fourth floor, Holly decided to go to the second floor and surprise her former supervisor, Steffie Green. Since the end of October, Steffie has been a Supervisor for Broadview Health Services. The two talked for a few minutes and arranged a lunch meeting for the 17th.

Things changed drastically when Holly walked down the corridor. At the door was shaking Ruth. Holly got a couple of chairs and Ruth began to spout out what occurred a year ago. All her memories of that day were beginning to crystallize. Furthermore, Ruth stated that was Holly who made the calls so I could get into Generations Lodge the first time. Yes, Ruth I was there to assist. Also, you spoke with the clinic to get me an intake for the following morning. Ten minutes later, Ruth said she was exhausted and

wanted to go back to her place. On route, Holly suggested she bring these thoughts to Jane in therapy. Ruth said she will.

More Memories For One, More Information For The Other

A few weeks later, Holly continues to work hard with a very busy work schedule assisting individuals on the road to recovery. According to her supervisor Taylor, she has a male friend that occasionally comes in the office to take her home. To this point, the two men have not met.

Ruth is still seeing Jane for therapy to put her life back together. There has been some additional memories, but none of Gabriel or the night she was attacked. February has turned into March and today on the 20th, spring begins. Doing part of her daily routine, Ruth takes a walk from her community residence into the village. Some of the store windows are reflecting the change in season. One place is scraping off the paint from the glass of snow scenes and the holidays of winter plus the manager stated there will be new paintings that will adorn them by April 1st.

In the corner of Ruth's eyes she saw a suspicious man lurking across the street. She dipped into the diner to avoid him. It did not appear that he saw her. Tomorrow, Ruth goes to a mental health program and she will talk about this. Also, Marty house manager of Generations Lodge is scheduled and she will tell him. Although Ruth was scared inside, she was able to make it back home.

About an hour later, Marty arrived at Generations and Ruth talked about the incident. She stated that he appeared to be short or tall, very heavy with darkish hair. At every corner he stopped, held on to the edge of the store, squatted slightly and looked around up, down several times as if he were expecting something to fall from the sky. When Ruth was finished, Marty asked if he could phone Officer Alex Grey or Jane, or Holly, but Ruth declined. She agreed that they be informed, but I am too tired tonight to see any of them.

Dinner tonight is at six and Ruth is scheduled to set the table for seven residents and three staff. Although, it is only a little past four, she set the table anyway. She did not want to talk about it earlier and was glad that there will be people around. When Ruth finished, she retired to her bedroom and rested till dinner.

Two days later, Ruth went into the village and ordered an extra cheese and mushroom slice at the pizza place. She faced toward the window and gazed outside. As she was finishing, she saw that man again, this time he was on the same side of the street coming toward the pizza restaurant, but at least three blocks back. Ruth slowly left the restaurant and headed toward home.

That man is still beyond Ruth and basically do the same movements as the other day. Fortunately, she bumped into off-duty Officer Grey who took down her information and accompanied her a few blocks. No longer did she the man following her, so she was able to return to Generations safely. She thanked Officer Grey and smiled at him intensely.

New Memories and a New Breakthrough

On the following day, Ruth spoke to both Jane and Holly. A meeting was set amongst the three for 2pm, Monday. During the session Jane tried to get Ruth to think about who she saw. Her eyes were closed so

Jane had Ruth dig deep in her mind. It did not help much, at least for this time. When her experience was over, Ruth said she would do this again.

Then, Jane brought Holly in the room and discussed (of course generally) how Ruth is progressing in therapy. Ruth said that Jane is still assisting with a variety of techniques to help me remember more and more. Added by Jane that Ruth has continued to make it easier for me. She is open to suggestions and ideas to help her. Holly was satisfied and left to see other consumers. Jane called for an insurance paid taxi to take Ruth home.

While Holly was Ruth, Taylor and Assistant Director, Karen Collins met the first candidate for the open Supervisor position. Her name was Anna Mancini, around 5 feet tall, with high heels and quite heavy. She had an olive complexion with dark brown eyes and grayish dark wavy hair. Anna had ten years' experience in the field, three of which Supervisor for a children's program in a neighboring town. Although Anna had not worked with Peers before, she talked a good game and was informed that there will be a second, if not a third interview.

A few days later, Officer Grey phoned Taylor wanting to talk with him. So, Taylor walked over to his secretary, Steve Washington, to clear the rest of his schedule. Also, please try to get in touch with Holly and have her meet me at the Police station in an hour. Let me know what she said. Steve finished the letter he was working on, and then phoned Holly. She picked up and informed Steve that she will do her best. To complete everything, Steve phoned Taylor and informed him about Holly.

Waiting for Taylor to arrive, Officer Grey made room in his office. Fifteen minutes later Taylor was at the police station, and they began to talk not knowing if Holly was coming. Yesterday, a new witness named Bill Reynolds was interviewed and thinks he saw what transpired that night.

Minutes later Holly came into the office. Officer Grey continued. When Bill was asked why he did not come forward in almost a year. The witness claimed he was out the country and did not know that there was a rape and a murder. Last week, Bill returned to Lake Town and saw the notice in the newspaper and the local blog.

With that information, Office Grey and staff checked out some of what Bill said. So far, what he stated were accurate and that he was indeed out of the country for the entire year. As far as what Ruth has been telling me; however, we are still checking it out. ALSO, we have talked to some of the shop employees and many have collaborated. No one had gotten a good look or spoken with the mystery man. **Let the memory live again.**

Stay tuned for part 6

Random Act By a Peer Specialist: Part 6

by Howard Diamond

Mystery Man Appears Again

On a warm 60-degree end of March day in Lake Town, Ruth decided to take a walk into town. She waved at the grocery store manager, Ted while he was painting his window, Sal and Tony, the guys at the pizza place and others. Also, she walked into the diner to ask about the open part time position. At this juncture, Ruth left her resume and filled out an application. In the distance, she thought she saw the mystery man.

At around 8pm, Ruth receives a phone call. Several minutes later, another phone call and no one there and again a third, a fourth and at about 9:45pm a fifth. Each one was similar, Ruth picked up the receiver, said hello, but no one was at the other end of the line, and eventually replaced the receiver. At around 10:30, Ruth tried to fall asleep. Generally, Ruth turns off or buzzer mode on her cell phone. Overnight, she receives six text messages from an unknown account, which Ruth believes is from the same person.

When Ruth wakes up she calls Holly and lets her know what happened. A suggestion Holly offered to tell Officer Grey. Reluctantly Ruth agreed. Ruth proceeded to phone the police and tell Officer Grey what occurred. He said he would write a report, but nothing else can be done because it was only one night. Two nights later, the calls and the texts returned with a message..." YOU HAVE BEEN WARNED!"

The next morning Ruth called and made an appointment for the same day. Before that Ruth phoned Officer Grey who said he will meet with Ruth and Holly. Everyone met at Holly's office at 3pm the same day. At around 2pm, Ruth received another text message stating, "BEWARE THE STREETS". A scared Ruth arrived at Holly's office but had to wait. Secretary Steve greeted Ruth and tried different techniques to get her to calm down. By the time Holly was ready was better and Officer Grey was standing by Ruth's side and escorted her to Holly's station.

Since Taylor was out of the office, the three met inside his room for privacy. There Ruth informed them of the prank call earlier in the afternoon. After she was done, Officer Grey asked for Ruth's cell phone. While he was inspecting her phone, Holly told Ruth that she made a visit for her with Jane at 5pm, she will drop her off and give her exact money to get her home. Upon finishing with Ruth's phone, Officer Grey filled out and completed more police work that Ruth signed.

Before ending the meeting, Officer Grey wanted to say that there were more things that he wanted to clarify and give the women information. Although all phone numbers were anonymous, he said that they came from the same person. Officer Grey continued, actually there were more than two texts, probably over twenty, with a couple of common themes. Most glaring was spelling mistakes, phrases and questions that were commonly incorrectly stated. This news startled Ruth, but she did not understand why. It was almost 4:30pm when Officer Grey left with Steve and asked him a few questions. Shortly thereafter, Holly and Ruth proceeded to Jane's building.

PIECES TOGETHER, PIECES BROKEN, MORE PIECES

During the next couple of weeks, Ruth walked into town as usual, no sign of the mystery man and no threatening text messages. Everything seemed to take a lull and that suited Ruth well. Weather outside Lake Town was getting warmer, flowers were blooming, and vegetables were growing. One day last week, friends of Ruth had a picnic in the park.

For Holly things were getting better. Stress levels were manageable and her anxiety was under control. Her brother Andrew called and said was coming to visit the last week in April for a few days. At work Holly's consumers were doing okay and putting the pieces of the lives together. Taylor, her supervisor met with Assistant Director, Karen Collins on a couple of occasions regarding the vacant Assistant Supervisor position. All Holly knew that there were five candidates remaining. One was Anna Mancini. At the police station, Officer Grey had no news.

April 15, things changed. That day Ruth started her day around 6am and an hour later, she receives another unusual text message. This read, "BEWARE THE STREETS! I WILL BE THERE! I KNOW HOW TO FIND YOU. I KNOW WHERE YOU LIVE! BEWARE THE STREETS! Immediately she proceeded to the police station to report to Officer Grey. He will be in at 10:30 about 45 minutes from now. Alright, I will come back then. My name is Ruth Haines, please tell him that I was here and want to speak to him.

Halfway between the police station and the center of town, is a coffee shop so Ruth decided to have breakfast. Ironically, Taylor and Holly chose the same place and walked in around 8:10 and the three ate together. At the table Ruth began to inform the two of what transpired earlier. Both went through her text messages and were upset by what they saw. After the meal, Taylor offered to drive Ruth back to the police station. Taylor said no problem, Holly and I have other cases to go over.

Upon arrival, there was a disturbance outside the station. Someone put a large rock through a window, shattered glass everywhere, nearly hitting Officer Grey in the head. This incident terrified Ruth again and suddenly she received a ding from her phone. Some rocks had attached messages including, **BEWARE THE STREETS, "WE KNOW YOU ARE CLOSE" and "WE WILL GET YOU."**

About ninety minutes later. a new text appeared on Ruth's phone. It read, "**BEWARE THE STREETS! I WILL FIND YOU! I KNOW WHAT YOU THINK! LOOK LEFT, LOOK RIGHT! I KNOW HOW TO FIND YOU! BEWARE THE STREETS! BEWARE THE STREETS!"** She saw Officer Grey coming toward them. He took down the latest information and he said he will call Ruth soon. Right now, he had to stay here.

NIGHTMARES, A NEW ENCOUNTER, HOLLY LEAVES EARLY

A few days later after the window through the police station, things were getting worse for Ruth again. She was receiving additional texts and phone calls plus these were getting more vulgar. One day when she was leaving therapy, she saw a strange man at the other side of the building. Ruth noticed that he had a cap on backwards and slowly put his hands together. In addition, she heard him whistling, "Take me out to the ballgame". Although Ruth was not followed home, she arrived safely, but was still shaking.

That evening Ruth had sleep issues. Most of the night she was awoken by the sounds of, "Take me ..." and the visuals of that man. Each time she got up, her dreams were getting increasingly clearer. Finally at 9AM, she decided to stay up and start. Tomorrow Ruth has an appointment with Jane, but she will phone her later. Also, she will let Holly know, also.

Upon getting to work, Steve noticed that there was a man making a weird noise at the corner of the building. The man had a hat on and looked disheveled and he appeared to be in need of new clothes. As Steve was opening the office at about 8:30am, he figured out that he might be the mystery man. Like most times, Taylor walked in at exactly 9:00am. Shortly after, Steve wanted to tell Taylor what occurred, but said he had calls to make. Also, Holly was not in yet, so put on both schedules for 10am.

By the time Holly strolled in at 9:26, the office was bustling with plenty of workers, phone ringing and the clatter of desks being moved. Just a common occurrence in the office between 8:30am to 10am. On Holly's way, she received a message from Ruth. When she returned the call, Ruth did not pick up. At 10:00am, the chimes outside Taylor's office and the meeting began. Steve had the floor and told the entire team what had transpired earlier. Various participants expressed and showed concern. After the short fifteen-minute meeting, Taylor said he will phone Officer Grey later this morning.

Except for Steve, no one else knew that Taylor had a meeting with Karen Collins regarding the vacancy of Assistant Supervisor. The two of them discussed three possibilities with r other Supervisors. Two were already for the agency and the third was working for an agency twenty miles from here, but in Garland County like us, working as a Case Manager for the Mental Health Court. Ms. Collins ended the discussion by stating she will start meeting with the participants next week and hopes to make a decision soon. Clear schedules, please.

All morning Holly and Ruth did not connect, and albeit that Holly worked only till 12:30, they will talk tomorrow. She reminded Steve about her day, and he said he knew and already told Taylor again. Her afternoon was to pick up her brother, Andrew, at the train depot and spend the rest of the day with him. At around 11:30, Taylor spoke with Officer Grey and said he would be in the office around 2:30 and he would speak with Steve.

ANDREW VISITS, A THIRD MEETING, A PLEASANT WEEKEND

Although Andrew's train arrived 45 minutes late, Holly didn't mind much This is because she will spend this Wednesday through Monday with her big brother Andrew. Both were hungry so they went to a local Chinese takeout, had an eggroll, and shared boneless spareribs. one was off to a great start, and both hope that this will continue. Additionally, Holly was scheduled to take off Friday afternoon and Monday to be with Andrew and bring him to the depot on Tuesday morning. Friday morning rolled and Andrew made his younger sister toast and tea, but she ran late and grabbed a half slice of toast before she flew out the door. She had to be in court promptly at 9. Then she needed to be at hospital at 10:30 for a case conference at 11, then go to the office to speak with Steve, sign out and proceeded home. Another half day in the life of a Peer Specialist.

Shortly past five, Steve saw a man lurking around outside the building. It looked like the same man as last time. He motioned he wanted cigarettes, but he said nothing and everything was covered except

his eyes and nose. Since Steve did not smoke, he could not provide any. Under the cape, Steve saw him get upset, growl a couple and walk away...or did he? As usual, Steve took his familiar route to his bus stop. A block down, he heard the man right behind him, growl and then run away. 10am, Ruth replacing Office Grey and Taylor plus assorted other staff to give small messages and Steve a weekly update. Things have been relatively quiet since Tuesday, she said. Also, she went to nearby mall and the local shopping center without incident. When Ruth was asked about her sleep, she said it was better and had only a few nightmares about the mystery man and "Take me out ...". Then, Ruth wanted to ask Holly a couple of questions. Steve informed Holly was not here this afternoon. Oh Yes, I now recall she will not be here Monday also. Steve said she was correct.

Holly and Andrew spent a good weekend together. They took walks in the two parks in Lake Town, had pizza one night, Andrew cooked another, and had an expensive five course Italian meal. Sunday morning Andrew made an exquisite brunch platter for two. Around Three pm and the two went to a local area production of "Les Misérables". Each day the weather was in the 60s by day and 50s by night, with blue sunny days and clear starry nights. Little or no wind accompanied low humidity made the days and nights spectacular.

Tuesday the 29th, the wind has changed direction and speed. It started well when Holly dropped Andrew at the bus depot and she proceeded to work. As soon she arrived, there were two messages from Ruth. At approximately 10:15 am, she spoke to Steve and when Holly was ready, he transferred the call and Ruth explained that she had little or no sleep, had many prank calls and frequent horrible text messages. Also, she mentioned she scheduled a 4:30 appointment with Jane. Holly had a busy day ahead but thought she can cancel her last appointment and meet Ruth at the clinic. Later, Steve received a call from Holly's consumer, who said he cannot make and the 4:00, so Steve phoned Holly to let her know the details. This meant that Holly was free and she let Steve inform Ruth today to meet her. "Beware the Winds of Change."

Stay tuned for Part 7

RANDOM ACT BY A PEER SPECIALIST - Part 7

By Howard Diamond

MAY RAINS MAY LEAD TO MAY RESULTS

This day is a rainy one, where umbrellas dominate the streets of Lake Town, but stubborn Taylor Thompson felt it was not convenient. By the time he reached the office, on May 13, he was soaked from head to toe. His trusted secretary, Steve Washington was busy typing away, while Holly was at the courthouse. She was not scheduled to be in the office until the next day for a meeting with Taylor. Promptly at 11, Taylor and Assistant Director, Karen Collins are to interview Anna Mancini for the second time.

At 4:30, Ruth had her scheduled appointment with Jane. At court, Holly met with her consumer, but there was little progress with his case. Then she saw two ladies in different parts of the hospital. During lunch, she bumped into Ms. Collins who told her to call her secretary, by the end of the week to make an appointment to meet. Although Holly was curious she did not ask any questions of Ms. Collins and proceeded to her other visits.

One of these visits is with Officer Grey, but not concerning Ruth. Meanwhile, Ruth spent her day, relaxing until 3pm, when she was to be picked up for her visit with Jane. Both Ruth and Jane were distracted by something going on right outside Jane's office. Loud noises interfered with the session. At one point, Jane recognized the voice as another of her fellow clients and she excused herself from Ruth and diffused the situation. When everything was calm, Ruth stated she could not finish and went to the waiting room and sat until her 5:30 pick up. Moments later, Jane came to Ruth and rescheduled for Friday at 3pm.

Friday comes and so comes the rain again. Fortunately, Holly has scheduled this morning to do her progress notes and catch up with an assortment of return phone calls. In addition, Steve gave her a couple more, plus a reminder note for her appointment with Assistant Director Collins at 11am. Taylor had a meeting at 930 with Marty from Generations and other respite Directors to discuss ways to improve resources in the community.

At 10:45, a few of the other Supervisors went into the conference room. Each of the Supervisors had a notebook, a pen, and a cup of coffee or tea. Several minutes later, Taylor dropped his wet jacket in his office and proceeded to the conference room, with his notebook and pen in tow. As Taylor entered, Steve buzzed Holly that Ms. Collins was ready. Nervous Holly walked into the office, Ms. Collins greeted her at the door and the two took a stroll around the interior of the building.

Fifteen or so minutes later, Ms. Collins and Holly entered the conference room with the Supervisors patiently waiting. Taylor stated to Holly it was okay to have a seat. Karen opened the meeting by saying everyone needs to be on a first name basis, and this includes Holly. This moment Taylor took over and informed everyone that the purpose of this meeting is to interview Holly for the Assistant Supervisor opening.

Surprised Holly went through the interview process without any problems. The second question asked of she can handle the position by losing most if not all of her caseload. Holly answered that she would

transition each person by mentioning part of recovery is change and this one of many. As Supervisor, I am not going away and communication will continue, but less often. Almost everyone in the room nodded their heads.

A few moments later, Holly was done with the interview, went to lunch and finished her week. Steve let Holly know that Ruth called that her appointment was canceled until Tuesday at 430, her regular visit. Meanwhile, the selection committee discussed Holly's interview and agreed to have her come back for a second interview.

NEW WEEK, NEW REVELATION, NEW CONFRONTATION

Most Monday morning meetings are at 10am. Today is no different, but this the morning had a special guest, Officer Grey. At this meeting, Officer Grey let everyone know that there was a break in the Ruth Haines case. Recently, on the streets downtown two people were attacked in separate incidents. Both of the people were apparently ambushed by the same individual. In addition, the rape of Ruth was perpetuated by him or her. She will be called in later in the week for further questioning.

When people left the conference room, Karen, Taylor and Steve talked with Officer Grey. They discussed safety matters that can be used to prevent occurrences in the office. Karen suggested a new improved security system while Taylor thought ID badges could be used again. All good possibilities, but they have to be discussed at other meetings. Officer Grey left and the rest went on their way.

As usual, Ruth took a walk downtown. She strolled in the women's section of one store, the detergents in another and lastly the freezer section of the supermarket. After every stop, Ruth was suspicious of a man who was following her. It definitely appeared to be the same person as before. While she was walking back to Generations, Marty received a mystery letter that read similarly to the texts that Ruth was getting a few weeks prior. In the letter it stated,

**"BEWARE THE STREETS!
I WILL BE HERE!
I KNOW HOW TO FIND YOU.
I KNOW WHERE YOU WORK!
BEWARE THE STREETS!"**

Marty informed Officer Grey. At the advice of Officer Grey, when Ruth returned he showed her the letter and then she ran to her bedroom crying. One of the staff at Generations calmed Ruth down and brought her in the dining room in time for the evening meal. Afterwards, Marty had a chat with Ruth about the strange letter. She was sorry that she got Marty involved and asked if he can bring the letter to therapy tomorrow. It was okay by Marty and he said he will give it to her at breakfast.

MONDAY TURNS INTO TUESDAY, TUESDAY TURNS INTO DOOMSDAY

That night, Ruth received at least a dozen texts from the same caller, one more disturbing than the next. For Ruth, her appointment today with Jane could not come soon enough. Being followed and all the texts made this a difficult overnight for Ruth, so she decided to all walk the streets near the Community Residence and prepare to go to Jane's visit.

This Tuesday Holly worked 11am to 7pm, where most of the early part of her shift was uneventful. All that was going to be drastically different starting at 4pm, when Holly received an anonymous phone call. It was placed by a woman who stated she was being followed by another lady for the past couple of weeks. So Holly pulled over to get more details, but the phone call ended. At the office, Steve said Holly had no messages, but he did say someone kept calling, say a sentence or two and proceeded to hang up. Almost every time, she said, "Help", but never explained further. In an hour, Steve said he was going home.

At promptly 4:30, Jane directed Ruth to her office. Right away Ruth began talking about last night and was getting more and more agitated. Jane noticed that Ruth clothes and hair were messy and she appeared extremely tired. Suddenly, Ruth became enraged and started screaming at Jane for no apparent reason. The more Jane tried to take control, Ruth got louder. Also, she yelled the name Dion to stop hitting Gabriel.

Outside the office, Steve was walking on his customary route to the bus stop, when he was pushed from behind to the nearby wall. While being hit in the back and stomach by an unknown object, he was wrestled to the ground. Steve could not tell how many guys were there, but in unison they repeatedly chanted these words,
**"YOU WERE WARNED!
BEWARE THE STREETS!
WE WILL RETURN!"**

Many times, Steve was struck by the same equipment, while they laughed in a continuous manner. Also, the attackers took Steve's leg braces and hit him a few additional times, leaving him bloody and almost unconscious. Finally, they dumped Steve's body in a vacant alley covered in black garbage bags.

Throughout the entire day, Holly received the same call from the same lady. Each time, the woman said a little more. It was often unclear and the majority of the words did not connect with each other. At around 9pm, Holly arrived home, but the calls persisted. Around 11:30 pm, this time there was a recording that basically said,
**"YOU WERE WARNED!
NEXT TIME IT WILL BE WORSE!
WE KNOW WHERE YOU LIVE!
WE KNOW WHERE YOU WORK!
YOU WERE WARNED!
BEWARE THE STREETS!
BEWARE! BEWARE! BEWARE!"**

Quickly thereafter Holly hung up the phone, went to bed and thought to herself, **"Sorry, wrong number"**.

To be continued...

Howard Diamond is a Certified Peer Specialist from Long Island.