

References

Session 4: Self-Care and Support

References

- National Association of Peer Supporters (2019). *National practice guidelines for peer specialists and supervisors*. Washington, DC: Author.

Resources

- Bernard, J. M. & Goodyear, R. K. (2019, 6th ed.). *Fundamentals of clinical supervision*. New York: Pearson.
- Copeland, M.E. (2002). Wellness Recovery Action Plan (WRAP). Peach Press, Dummerston, VT. Retrieved on December 22, 2023 from <https://www.wellnessrecoveryactionplan.com/>
- Cronise, R. (2016). Collaborative learning: A next step in the training of peer support providers. *Psychiatric Rehabilitation Journal*, 39 (3), 292-294.
- Daniels, A. S., Tunner, T. P., Powell, I., Fricks, L., Ashenden, P., (2015) Pillars of Peer Support – VI: Peer Specialist Supervision. Pillars of Peer Support Summit, Atlanta, GA. www.pillarsofpeersupport.org; March 2015
- Duncan, B. L., & Reese, R. J. (2016). Using PCOMS technology to improve outcomes and accelerate counselor development. In T. Rousmaniere & E. Renfro-Michel (Eds.), *Using technology to enhance clinical supervision* (pp. 135–156). American Counseling Association.
- Falender, C. A., & Shafranske, E. P. (2004). *Clinical supervision: A competency-based approach*. Washington, DC: American Psychological Association.

References

- Foglesong, D. & Wolf, J. (2018) Supervision and Successful Employment: Overview of the National Peer Worker Supervision Survey [presentation], *National Peer Specialist Conference, Orlando, FL*.
- Foglesong, D., Spagnolo, A., Cronise, R., Forbes, J., Swarbrick, P., Edwards, J., & Pratt, C. (2021, June 1). Perceptions of Supervisors of Peer Support Workers (PSW) in Behavioral Health: Results from a National Survey. *Community Mental Health Journal*. Published online 2021. <https://doi.org/10.1007/s10597-021-00837-2>
- Giordano, A., Clarke, P., & Borders, L. D. (2013). Using motivational interviewing techniques to address parallel process in supervision. *Counselor Education and Supervision, 52*(1), 15-29.
- Goodyear, R. & Bernard, J. (1998). Clinical supervision: Lessons from the literature. *Counselor Education and Supervision, 38*(1), 1998.
- Heru, A. M., Strong, D. R., Price, M., & Recupero, P. R. (2004). Boundaries in psychotherapy supervision. *American Journal of Psychotherapy, 58*(1), 76-89.
- Kozlowski, J. M., Pruitt, N. T., DeWalt, T. A., & Knox, S. (2014). Can boundary crossings in clinical supervision be beneficial? *Counselling Psychology Quarterly, 27*(2), 109-126.
- Lambert, M. J., & Hawkins, E. J. (2001). Using information about patient progress in supervision: Are outcomes enhanced? *Australian Psychologist, 36*, 131–138.
- McNeill, B. W., & Worthen, V. (1989). The parallel process in psychotherapy supervision. *Professional Psychology: Research and Practice, 20*(5), 329.
- Morrissey, J., & Tribe, R. (2001). Parallel process in supervision. *Counselling Psychology Quarterly, 14*(2), 103-110.
- National Association of Peer Supporters (2019). *National practice guidelines for peer specialists and supervisors*. Washington, DC: Author.

References

- Salzer, M., Schwenk, E. & Brusilovsky, E. (2010). Certified Peer Specialists Roles and Activities: results from a National Survey. *Psychiatric Services* 61, (5), 520-523.
<https://doi.org.10.1176/ps.2010.61.5.520>.
- University of Michigan Behavioral Health Workforce Research Center. *National Analysis of Peer Support Providers: Practice Settings, Requirements, Roles and Reimbursements:* . (n.d.). Retrieved February 6th, 2022, from
<https://www.behavioralhealthworkforce.org/wp-content/uploads/2019/10/BHWRC-Peer-Workforce-Full-Report.pdf>
- Walker, R., & Clark, J. J. (1999). Heading off boundary problems: Clinical supervision as risk management. *Psychiatric Services*, 50(11), 1435-1439.
- Worthen, V. E., & Lambert, M. J. (2007). Outcome-oriented supervision: Advantages of adding systematic client tracking to supportive consultations. *Counselling and Psychotherapy Research*, 7, 48–53.